



# Annual report and accounts 2016





**ABDO membership benefits and services 2017**  
A guide for ABDO members

abdo

Association of British Dispensing Opticians

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Association of British Dispensing Opticians

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**Lifestyle benefits. Finance and advice**

**Member Energy**  
Free energy price comparison service\*

Member Energy's free energy price comparison service can help you find the cheapest gas and electricity supplier in your area. Average member savings are currently £228.81\*. What's more, unlike most other energy price comparison sites, Member Energy is completely impartial and includes every tariff available on the switching market for maximum choice.

Available for households in mainland England, Scotland and Wales only.

**PG Mutual**  
Income protection

ABDO membership benefit offers you access to PG Mutual. Here's how they describe their product: "We at PG Mutual are a not-for-profit membership organisation specialising in providing income protection for professional people. We offer a plan that provides a regular income if you are off work due to illness or injury, as well as building up an investment element for you at the maturity of the policy."

Access further details and additional benefits online via the ABDO website

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**Membership benefits:**

For the current range of ABDO membership benefits and services refer to the 2017 guide for ABDO members or visit [www.abdo.org.uk](http://www.abdo.org.uk).



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# 2016 annual report of the ABDO Board of Management

## The Association

**2016** was another year of significant progress for the Association. The review of our areas and committees was completed and everything was put into place to ensure a new start in 2017 with the introduction of the new regional structure and National Clinical Committee. This was a considerable undertaking led by Clive Marchant on behalf of the board and Barry Duncan for the executive team. We are confident that the outcome will prove to be a significant enhancement of our capability and ability to respond to members' needs.

ABDO continued to expand its international activity. This has two purposes firstly to promote the profession and secondly to provide an additional source of revenue for the Association which in turn helps to keep fees lower than they may otherwise be.

New entrants to the profession continue to exceed the numbers either retiring or moving to other occupations. This coupled with the very strong growth in student numbers at ABDO College bodes well for the future of the profession. The demand for well-trained qualified staff continues to grow and we are well placed to manage that need.

The ABDO partnership with the Worshipful Company of Spectacle Makers whilst at an early stage shows every sign of developing into a successful joint enterprise. One of the benefits of this new project is to enable more students to progress and enrol on the FBDO programme.

We were delighted to welcome Nick Walsh to the ABDO team in November. Nick will be working on developing skills and initiatives across the profession for the benefit of members.

Considerable work has taken place on developing a new database which will enable the Association to make the most efficient use of new technology. This will come into force during 2017.





# 2016 annual report of the ABDO Board of Management

## Special awards

Life Membership was awarded to Kevin Milsom, Paula Stevens and Huntly Taylor.

Honorary Fellowship was awarded to Frank Munro, Nicholas Rumney and Thurailingam Pavanakumar.

The Hamblin Memorial Prize for 2015 was awarded to Gil Smith.

Frances Mecoy was awarded the Medal of Excellence.

The *Dispensing Optics* Readership Prize for the best CET article in 2015 was awarded to Claire Mc Donnell for her article 'Silicone hydrogel: the best all-rounder'.

Max Halford was awarded the *Dispensing Optics* prize for the best contribution from an ABDO member in 2015 for his article 'Taking centre stage in shared care'.

## ABDO Board

In April Fiona Anderson took over the Presidency from Peter Black. Fiona has thrown herself enthusiastically into the role and is proving to be a fine ambassador for ABDO. Peter has assumed the role as advisor to the board having completed a highly successful three year term as President which has been greatly appreciated by so many members.

## Board members 2016

- Fiona Anderson  
*Appointed President 10 April 2016*
- Peter Black  
*Appointed advisor to the board 10 April 2016*
- Anthony Blackman  
*Resigned 30 September 2016*
- Jennifer Brower  
*Resigned 21 April 2016*
- Keith Cavaye
- Gerardine Dynan
- Kevin Gutsell  
*Appointed 30 September 2016*
- Jo Holmes
- Clive Marchant  
*Appointed Vice President 10 April 2016*
- Kevin Milsom
- Daryl Newsome  
*Appointed 30 September 2016*
- Rupesh Patel  
*Appointed 30 September 2016  
Resigned January 2017*

## Finance

During the year under review total income achieved a growth of 4.70 per cent compared to the previous year, mainly due to increased examinations income. The surplus for 2016 was £102,953. Administrative expenses increased by 9.17 per cent due to enhanced activities. The Association continued to enhance the fixed assets base by investing £311,200 in 2016.

## Marketing and Communications

### ABDO CET event programmes

Brochures were produced by the ABDO marketing department to provide ABDO members with the planned programme of interactive CET events at locations throughout the UK. The programmes were distributed with the January and July 2016 issues of *Dispensing Optics*. The 2017 programme was distributed with the January 2017 issue of *Dispensing Optics*.

## eNewsletter

During 2016 a total of 25 ABDO eNewsletters were produced, in addition a dedicated 'ABDO Insight 2016' and four quarterly membership benefits eNewsletters were also distributed.

## EyecareFAQ

ABDO's EyecareFAQ campaign continued throughout 2016 with the addition of monthly topics and new infographics.

EyecareFAQ can be found at:

- Facebook: [www.facebook.com/eyecarefaq](http://www.facebook.com/eyecarefaq)
- Twitter: [www.twitter.com/eyecarefaq](http://www.twitter.com/eyecarefaq)
- G+: [plus.google.com/+eyecarefaq](http://plus.google.com/+eyecarefaq)
- Pinterest: [www.pinterest.com/eyecarefaq](http://www.pinterest.com/eyecarefaq)
- Instagram: <https://www.instagram.com/eyecarefaq/>
- ABDO website: <http://www.abdo.org.uk/information-for-the-public/eyecare-faq/>

## Paediatric dispensing poster

ABDO produced a poster that highlights the requirements and skills relating to paediatric dispensing. The poster was designed to assist members in promoting the need for high quality paediatric dispensing and to assist them in promoting their skills.

## View from ABDO

From February onwards, the Association provided *Optician* with monthly 'View from ABDO' features.



### **ABDO at 100% Optical**

On 6 - 8 February ABDO participated at 100% Optical at London ExCel. The 'ABDO Arms', a specially designated 'pub' bar area, proved popular and enabled ABDO board members and staff to engage with ABDO members and other professionals from across the optical sector. The Association also provided CET workshops at the show enabling members to gain interactive CET points from ABDO.

### **ABDO at Optrafair**

On 9 - 11 April ABDO participated at Optrafair at Birmingham NEC, with ABDO providing CET at the specially designed 'ABDO CET Theatre', thereby offering members an opportunity to gain interactive CET points from ABDO while attending the show.

### **ABDO Insight 2016**

ABDO and ITN Productions produced a news and current affairs-style programme for the third consecutive year. Premiered at Optrafair in April at Birmingham NEC, 'ABDO Insight 2016' explored the latest innovations and the role of dispensing opticians. A specially produced ABDO Insight film was shown to those attending the 2016 ABDO gala dinner at the Hilton Birmingham Metropole on Sunday 10 April.

### **Annual report**

In May ABDO published its 2015 annual report and accounts, this was made available to ABDO members as a downloadable PDF via the ABDO website and eNewsletter; a hard copy version was available upon request.

### **Politics First**

ABDO placed advertorial features in the June and

September/October issues of *Politics First*. *Politics First*'s audience comprises MPs, Peers, the top 200 civil servants and their policy leads, government departments, members of the devolved governments and legislative chambers, directors of business including the FTSE 250, leaders of business and trade organisations, leading third sector organisations and civil society groups, embassies/high commissions, members of the European Parliament and British national media outlets.

### **Sandwich Generation survey**

ABDO commissioned media agency, the Relations Group, to interview around 2,000 members of the 'Sandwich Generation', asking them about how they look after their own health, that of their parents and their children. The 'Sandwich Generation' - originally coined by social worker Dorothy Miller in 1981 - describes those who are "sandwiched" between looking after young children and aging parents, as their primary caregiver. This is a growing group as families are having children later and seniors are living longer. This 40-60 age group is a cohort that is entering presbyopia and at increasing risk of sight-threatening eye disease, while still perceiving themselves too young for both glasses and eye disease.

The survey unveiled that a quarter (25 per cent) of the 'Sandwich Generation' spend more time looking after the health of others than their own and 17 per cent admit that their own health suffers due to the demands of looking after others. Regarding the effect this is having on people, the research found that a fifth (20 per cent) feel pressured by their growing responsibilities. Almost three quarters (72 per cent) place their child's health above their own and

around a quarter (24 per cent) prioritises their parents' health over their own.

The research also highlighted that looking after their eyes was a key area that was sacrificed due to lack of time, with 7 per cent having not been to the optician for a staggering nine years or more. As many as 1 in 6 (16 per cent) say they don't have enough time to spend on their own health, while a quarter (24 per cent) are most likely to go to the optician for their child and 2 per cent for their parents, over themselves.

The survey results formed the basis of the EyecareFAQ radio day broadcasts.

### **EyecareFAQ radio day**

On Friday 16 September ABDO media representatives highlighted the role of the dispensing optician, promoting messages such as, 'Association of British Dispensing Opticians members provide professional eye care throughout the UK to prevent the potential loss of sight' and 'regular eye tests are readily available to everyone in the UK near their home'.

The campaign secured 62 items of coverage, two national stations, one major station, four leading stations, six typical stations, 32 local stations and one TV spot. Coverage was secured throughout the UK with particular interest coming from the south east.

A weekly audience reach of 7.5 million, with 3 hours and 14 minutes of coverage, was achieved.



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## Fun Kids digital radio and online campaign

ABDO spread the eye care message to children and parents via Fun Kids, with a reprise of the series of 20 audio programmes originally launched in 2014; broadcasts ran from 19 September 2016 onwards on Fun Kids digital radio. The audio series is also available online, with free downloads through the Fun Kids iTunes podcast channel.

In addition, an animated video series was created utilising the existing audio files; the new animated videos went live on 2 October and were made available online and on YouTube. The most popular video is 'What's inside the eye'.

The campaign activity was supported by additional information on dedicated pages on the Fun Kids website, with images and downloads, as well as links to the ABDO website. To see and hear more, visit:  
<http://www.funkidslive.com/learn/hallux/i-guide/>.

## Examination publications

ABDO published the following new documents relating to ABDO examinations:

- Guidance for examiners - PQE Dispensing Practical
- Guidance for students - PQE Revision guide

## Graduation and Prize Giving Ceremony

Michael Potter, head of marketing and communications, assisted by Deanne Gray, organised the Association's annual graduation and prize giving ceremony. The event took place at Canterbury Cathedral on Wednesday 23 November with over 850 people in attendance. All those attending received a 28-page commemorative brochure.

Special thanks go to the dedicated event team for making the occasion a success.

## Membership benefits and services brochure

In December ABDO members received a guide, produced by the ABDO marketing department that outlines the range of membership benefits and services available for 2017.

## The role you can play: Working with AOCs, LOCs and ROCs

To assist the implementation of its new regional structure, ABDO published a guide for ABDO members entitled 'The role you can play: Working with AOCs, LOCs and ROCs'; a PDF version was made available to members via the ABDO website and eNewsletter in December and a hard copy was distributed with the January 2017 issue of *Dispensing Optics*.

## Membership Services

The overall increase in the number of members highlights the growing demand for dispensing opticians, it also reflects the respect in which the profession is held and the value of ABDO membership.

	2011	2012	2013	2014	2015	2016
Full Members (inc. Reduced full)	5595	5639	5732	5862	5866	5974
UK Students	1579	1613	1379	1417	1607	1728
Associate Members	579	543	548	494	474	474
Overseas Members	613	693	819	543	595	445
Others	282	293	296	308	332	332
<b>Total (all categories)</b>	<b>8648</b>	<b>8781</b>	<b>8774</b>	<b>8668</b>	<b>8874</b>	<b>8953</b>

The new booking system for CET events has been very successful allowing members to book online with ease. The Association continues to provide the best possible support to its members, including Professional Indemnity Insurance, CET to cover all competencies and professional advice. ABDO members also continue to receive a wide range of benefits and services, which were reviewed and updated during the year.

## Policy and Development

During the course of 2016, ABDO's head of policy and development, Barry Duncan, continued to be involved in a number of projects that would bring about a change in direction for ABDO in terms of its internal structure. Throughout the year activity relating to the formation of both the new regional structure and the National Clinical Committee (NCC) were key priorities. During the summer months an interview process to appoint ABDO members to respective roles took place culminating in a two-day training programme for the successful applicants in September.

The NCC held its first meeting in December, with the regional structure gathering momentum and set for launch January 2017. Throughout the process, the emphasis on 'collective responsibility and engagement' from the wider membership became key to all activity in order to achieve the hopes and aspirations of the ABDO board and senior staff.

Barry Duncan continued to work on professional development aspirations, in particular the ability for contact lens opticians to become more involved in minor



eye conditions (MECs) services in England. Working closely with colleagues from LOCSU, progress was made that led to the LOCSU board approving the practice of MECS and IOP referral refinement for CLOs. Whilst much work is required to make this a reality including, accreditation and assessment along with political will, ABDO is confident that during the course of 2017 members will perform such services in community practices. It is hoped that with the introduction of the regional structure, opportunities for dispensing opticians to utilise their skills and further enhance them will increase.

Politically, the head of policy and development continues to engage in many areas including work in the devolved countries, the Optical Confederation and during the course of the year has worked closely with other organisations to promote the role of the dispensing optician. He also represents ABDO on the Clinical Council for Eye Health Commissioning in England.

### Continuing Education and Training (CET)

2016 was the first year of a new 3-year enhanced CET period, and the last year of the ABDO Area structure. With the beginning of the new period, more challenges faced all CET providers in achieving approval of their CET, with the application process becoming longer and more complex, and modalities of CET which had been approved in the previous period were rejected for 2016 - 18. However, ABDO CET continued to provide as many CET points as possible, via the redesigned GOC CET modalities. All competencies were covered, and a huge number of points were available via Area events, distance learning modules, *Dispensing Optics*, *Optrafair* and *100% Optical*.

In addition, ABDO College Honours courses received CET approval, and our CET was taken to LOCs and other organisations in the UK to which our members belong, and also into Europe. Some members generated their own CET through registrant-led peer discussions, and the department staff assisted them with their applications for approval, using the cases available to them on the CET section of the ABDO website. Many members participated in the ABDO Level 2 Child Safeguarding training, developed specifically for dispensing opticians, with all participants rating the exercise as excellent or good.

Early in the year we transferred to a new booking system, which streamlined the booking process for events, and introduced an automated waiting list system. In the Areas, our generous sponsors continued to play a significant role in the events they attended, this year as an active part in a 5-station workshop. Consequently, with the collaboration of the Area organisers, the sponsors and the CET department, the events around the UK were efficiently and successfully managed, with excellent feedback from the attending members. The CET department relies on members who assist us in the organisation and delivery of CET, so we are very grateful for all the help given.

### Professional relations and international development

#### China

ABDO continued to develop relations in China. In July 2016, Elaine Grisdale took a team of three to visit the Wenzhou

Medical University. This visit included a series of meetings with key people and various departments; ABDO also presented to final year optometry students.

A team from ABDO, including Richard Campbell, Tony Garrett, Elaine Grisdale, Mo Jalie, Daryl Newsome, Miranda Richardson and Alicia Thompson, participated at the Vision China conference in Shenzhen. The team delivered presentations and workshops and Elaine Grisdale gave two lectures as part of the main conference programme. The ABDO events were very well received and on the final day ABDO received an award for being an important international partner. The team were also honoured to be invited to hand out awards to various local recipients.

Elaine Grisdale was subsequently invited to speak at the China Optician Forum, to be held on the day preceding the Shanghai Optical Fair in February 2017.

#### International Opticians Association (IOA)

Elaine Grisdale was appointed as director of development for IOA following its conference in Auckland; where ABDO President, Fiona Anderson, was sworn in as IOA President for the next two years. There is potential to create opportunities and to safeguard the profession internationally, therefore since her appointment, Elaine Grisdale has reached out to Council members for comments and approval of initiatives for IOA's future development. A strategy is being developed with a view to increasing membership. The next IOA conference, due to take place in 2018, is also being organised.



# 2016 annual report of the ABDO Board of Management

## European Academy for Optometry and Optics (EAOO)

In September, Elaine Grisdale joined the EAOO board of trustees where she represents opticianry. Elaine has been invited to be a keynote speaker at the 2017 EAOO conference in May. Elaine has also entered into talks with the organising committee to make the 2018 conference more 'optician friendly'.

## Club Inter-Optiques

ABDO maintains regular contact with Club Inter-Optiques, the forum for optical deciders in France. Elaine Grisdale is a regular guest at their meetings, which includes leading figures from across the optical sector in France.

## New Zealand and Australia

Elaine Grisdale attend the Association of Dispensing Opticians of New Zealand (ADONZ) conference in Auckland in October and delivered two presentations. As a result of the presentations she gave in New Zealand, Elaine has been asked to speak and represent ABDO at the ODMA2017 trade fair run by the Optical Distributors & Manufacturers Association (ODMA).

## Canada

Elaine Grisdale attended Vision Canada in Toronto in November. During the visit she met with the Opticians Association of Canada (OAC) and was invited to speak at their board meeting. She also spent time with OAC's education team to share international initiatives.

## Silmo

Elaine Grisdale continued to work alongside Silmo with the aim of promoting ABDO overseas. Once again she was a member of the judging panel for the Silmo d'Or trophy in the lens category. Elaine also continues to be a member of the Silmo Academy scientific committee where she represents ABDO.

## Dispensing Optics

*Dispensing Optics* was published 12 times during 2016, with each issue carrying a CET article, business features, conference and meeting reports and previews, product spotlights, and profession and industry news targeted to the journal's primary audience: ABDO members.

Previews and reports of all the main optical shows and conferences at home and in Continental Europe were published, with a particular focus on ABDO activities where relevant. The journal was on show at both Optrafair and 100% Optical, and we continue to receive positive feedback on the look and content.

In the last few issues of the year, we profiled all new members of the National Clinical Committee as well as the Association's new regional, and sub-regional leads. A new slot called Tried & Tested, with ABDO members 'road testing' new products, was launched in the June issue. New advertisers in 2016 were: Lenstec Optical Group, Optelec, Optisoft, Silmo, Opti, Mainline Optical and the Scottish Optical Conference. Heidelberg Engineering came on board by sponsoring a new bi-monthly, OCTips. In addition to this, job advert bookings increased during the year compared to previous years.



# Education

## Examinations

In 2016, 296 students gained the level 6 Diploma in Ophthalmic Dispensing [FBDO] and 33 students gained the level 6 Contact Lens Certificate [FBDO CL].

Ten students overseas and 72 students in Malaysia attained the FBDO OS dispensing qualification.

Demand for the ABDO examinations continues to develop overseas, with practical dispensing examinations held twice a year in Kuala Lumpur, Malaysia, at the Axismatics Professional Institute; in addition theory and practical examinations were held in India.

In 2016 over 150 students sat the Diploma in Ophthalmic Dispensing Examinations linked to Axismatics Professional Institute in Kuala Lumpur, Malaysia.

Throughout the year, visits continued to supervisors' practices; linked to trainees undertaking their Pre-Qualification Portfolio and also in preparation for their Contact Lens Practical Examination.

## Appreciation

ABDO would like to record its thanks to all the examiners and practice visitors for their continued support to the Association.

Congratulations go to the students listed here who attained examination prizes in 2016.

# Awarding of prizes

## The Essilor Prize

Awarded for the highest mark in the combined Preliminary Qualifying Examination:  
*Mark Hall*

## The Stepper Prize

Awarded for the highest mark in the Preliminary Qualifying Practical Examination:  
*Mark Hall*

## The Association of Optometrists Prize

Awarded for the highest mark in section A of the Final Qualifying Practical Examination:  
*Sarah Stewart*

## The Tony Griffiths Prize for Excellence

Awarded for the highest mark in section B of the Final Qualifying Practical Examination:  
*Claire Gaston*

## The J W Grieve Prize

Awarded for the highest mark in section C of the Final Qualifying Practical Examination:  
*Victoria Brydon*

## The Rodenstock Prize

Awarded for the highest mark in section D of the Final Qualifying Practical Examination:  
*Bilal Ayaz*

## The Sue Southgate Prize

Awarded for the highest mark in section E of the Final Qualifying Examination:  
*Matthew Jenkins*

## The National Eyecare

**Group Optinet Prize**  
Awarded for the best presented Pre-Qualification Portfolio in the Final Qualifying Examination:  
*Emma Worden*

## The Federation of (Ophthalmic and Dispensing) Opticians Prize

Awarded to the top day release course student:  
*Lucy Bossom*

## The Carl Zeiss Vision Prize

Awarded to the best student on the distance learning course:  
*Monika Reinberger-Smith*

## The Worshipful Company of Spectacle Makers Prize

Awarded for the highest mark in the Final Qualifying Practical Examination:  
*Matthew Jenkins*

## The FMO Derek McLaren Memorial Prize

Awarded for the highest UK student mark in the Final Qualifying Examination:  
*Victoria Brydon*

## The MAPO Malaysian Prize

Awarded for the highest international student mark in the Final Qualifying Examination:  
*Lim Chia Huey*

## The Alcon Prize for Excellence

Awarded for the best candidate in the Practical Examination, Certificate in Contact Lens Practice:  
*Laura Sparke*

## The Association of Contact Lens Manufacturers Prize

Awarded for the highest mark in sections 2, 3 & 4 in the Practical Examination, Certificate in Contact Lens Practice:  
*Emily McDonald*

## The Bailey Prize

Awarded for the highest full pass in the combined Theory and Practical Examinations, Certificate in Contact Lens Practice:  
*Laura Sparke*

## The British Contact Lens Association Prize

Awarded for the highest aggregate mark in the Theory Examination, Certificate in Contact Lens Practice:  
*Alanna McArdle*

## The Contamac Prize

Awarded to the best student on the contact lens distance learning course:  
*Beth McWilliams*





## 2016 annual report of the ABDO Board of Management

### Eyecare Trust

ABDO's patronage of the Eyecare Trust plays a vital role in funding the charity's valuable work and over the last year helped it manage a series of public eye health promotions tackling a broad range of issues including the role of the sight test, to the link between smoking and sight loss and guidance on cleaning and caring for your spectacles. These initiatives generated press coverage across the national and local media and helped educate the public about the importance of regular sight tests as well as advising people how to maximise their vision and keep their eyes healthy.

The charity also managed National Eye Health Week (NEHW). The Week has gone from strength to strength over recent years and in 2016, 39 per cent of adults in the UK reported seeing, reading or hearing eye health information during the Week\*. Over 4,500 events and activities took place during NEHW 2016 including, farm shop tastings, vision screening events, coffee mornings, talks and open days. NEHW also published the third edition of *Vista*, a consumer lifestyle magazine packed with important eye health advice. *Vista* enjoyed a readership in excess of 375,000. Social media activity during NEHW 2016 had a reach of over 60 million with #EyeWeek trending organically on day one of the Week. During a four-week period spanning NEHW the media campaign generated 779 pieces of coverage and 154 million opportunities for the public to read see and hear positive eye care advice. Including features on BBC television and supplements in national newspapers.

[www.eyecaretrust.org.uk](http://www.eyecaretrust.org.uk) provides an important first port of call for people seeking eye health information. Popular search terms include swollen eye lid, sight tests, driving at night, as well as, screen use and my eyes. One area that has seen increased public interest over the past 12 months is the use of coloured lenses and overlays. More than a quarter of a million people used the charity's website in 2016, with many signposted from links on NHS Choices.

ABDO's patronage also helped fund the Trust's website, public information line and social media activity. The Trust's Twitter account @EyeCareTrust helped keep the profession and the public up-to-date with eye care news.

The Eyecare Trust public information line continued to provide a unique and direct response to individuals with eye health concerns.

2017 will see a new chapter for the Trust as it changes its working name to Eye Health UK and continues to champion all aspects of eye care.

For more information about the charity's work and how it could support you in promoting positive eye care messages on a national, local or even individual (patient) level visit [www.eyehalthuk.org](http://www.eyehalthuk.org) or call 0845 128 5007.

\* *Populus Consumer Analysis Study Commissioned by National Eye Health Week, conducted October 2016.*

### LOC Support Unit (LOCSU)

LOCSU has again ensured that the sector is on the front foot with the publication of a new strategy – the Breakthrough Strategy – to increase the scale and pace of extended primary care eye services, which now number over 550 and 74 out of 78 LOCs now deliver at least one service, primarily MECs, cataract (pre and post assessment) and glaucoma repeat readings.

The recruitment and induction of an enlarged commissioning team, including a dispensing optician, has proven to be crucial to the delivery of the Breakthrough Strategy.

The blueprint contained specific objectives to increase the number of CCGs from 30 per cent to 60 per cent with a MECs service by March 2017 and to increase the number of community monitoring services delivered through optical practices, making them the first port of call for eye health.

By the summer, the expanded commissioning team was able to hit the ground running, offering LOCs more capacity and expertise to deal with local commissioners. At the half-way point in the financial year, 81 out of 208 (39 per cent) of CCGs had a MECs service and patient episodes had doubled to around 160,000 per year.

LOCSU continues to encourage LOCs to ensure that they have DO representation through articles in the optical media, notably through *Dispensing Optics*. New LOCSU Commissioning Lead, Richard Rawlinson, used a column to explain what LOCSU's vision is and urged DOs to participate



## Public Affairs

in accreditation where relevant, such as within low vision pathways.

Richard also outlined how DOs can play a significant role, as the optical profession aims to become a primary care provider in the NHS, in healthy living and preventative services; such as smoking cessation, blood pressure monitoring, alcohol screening, weight management and fall prevention.

Alongside DO representation in LOCs, the National Optical Conference (NOC) continues to be a vital learning and networking forum for the dispensing profession. It allows LOC delegates to see the national picture and how that affects them locally. The NOC includes specific support for first-time attendees – a growing number of them DOs – and workshops offer practical, hands-on advice for optical professionals to take back to their LOC. The NOC also provides an unrivalled opportunity for networking which delegates value immensely.

This year's NOC included a presentation from ABDO's head of policy and development, Barry Duncan, in support of the Breakthrough Strategy. Barry was part of a panel of experts in the subsequent Q&A session from around the optical sector.

An update to the LOC model constitution this year also recommends that co-opted committee members should include at least one locally practising dispensing optician.

The LOCSU Board continues to benefit from DO representation through Sir Anthony Garrett and Mike Cody from ABDO and Abi Page who is the London regional representative.

Collaboration was the overriding theme for the work of the Optical Confederation public affairs team in 2016. Working with charity SeeAbility, the team organised a parliamentary reception in July that saw two Government ministers speak to guests, including a number of MPs and Peers, about the importance of sight tests for people with a learning disability.

September saw the launch of *Improving eye health through community optical practices* a briefing aimed at councillors and produced in partnership with LOCSU and the Local Government Association. The document was launched at the party conferences and has been sent out to directors of public health and health and wellbeing board members around the country.

In addition to the document launch, the 2016 party conference season saw the OC put on fringe events at the labour and conservative conferences both discussing the issue *Hospitals under Pressure - the Community Solution?* In addition to speakers from LOCSU and the LGA, the events also heard from the NHS Confederation and think-tank the Health Foundation with plenty of discussion had about the NHS as a whole as well as the role the optical sector can play.

To mark Road Safety Week in November, the OC worked closely with charity Brake to produce a poster calling on drivers to have an eye test. The poster was distributed to ABDO members with *Dispensing Optics*, as well as practices around the country and to all MPs, many of whom

displayed it in their offices. In addition, the public affairs team used the week as an opportunity to produce a new briefing on driving and vision again produced jointly with Brake.

A record 28 practice visits took place in 2016 allowing MPs the opportunity to see for themselves the realities of what happens in an optical practice and learn more about the roles played by opticians and optometrists in promoting good eye health. Andrew Jones MP, minister for road safety, former cabinet minister Oliver Letwin and DUP health spokesperson Jim Shannon were some of the more high profile attendees. Local Optical Committees were also involved in each visit allowing MPs to build strong relationships with practitioners in their local area.

39 consultation responses were produced by the Optical Confederation in 2016 covering a huge range of topics including whistleblowing, diabetes, the physical health of prisoners and the long term sustainability of the NHS.

# The Association of British Dispensing Opticians

Limited by guarantee - Registered number 2012484

## The Directors report year ended 31 December 2016

The directors present their report and the financial statements of the company for the year ended 31 December 2016.

### Principal activities

The principal activity of the company during the year was that of the support and advancement of the interests and examination of dispensing opticians.

### Directors

The directors who served the company during the year were as follows:

Mrs F Anderson BSc (Hons) FBDO FEAOO R SMC (Tech)

Mr P Black MBA FBDO FEAOO

Mr A Blackman BSc (Hons) FBDO (Hons)  
*Resigned 30 September 2016*

Mrs J Brower FBDO (Hons) LVA Cert Ed  
*Resigned 21 April 2016*

Mr K Cavaye FBDO (Hons) CL FBCLA

Mrs G Dynan FBDO

Mr K Gutsell FBDO (Hons) SLD  
*Appointed 30 September 2016*

Mrs J Holmes FBDO

Mr C Marchant FBDO

Mr K Milsom FBDO R FEAOO

Mr D V E Newsome FBDO R CL SMC (Tech)  
*Appointed 30 September 2016*

Mr R Patel BSc FBDO  
*Appointed 30 September 2016*  
*Resigned January 2017*

## Directors' responsibilities

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period.

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial

statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the persons who is a director at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the company's auditor is unaware; and
- they have taken all steps that they ought to have taken as a director to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

## Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

*Registered office:*

199 Gloucester Terrace,

London W2 6LD

Approved by the directors on 28 March 2017

*Signed by order of the directors*

Sir Anthony Garrett CBE HonFBDO

Company Secretary

# Independent auditor's report to the members of the Association of British Dispensing Opticians

Limited by guarantee - Year ended 31 December 2016

## Independent auditor's report

We have audited the financial statements of The Association of British Dispensing Opticians (Limited by Guarantee) for the year ended 31 December 2016 which comprise the statement of income and retained earnings, statement of financial position and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

This report is made solely to the company's members, as a body, in accordance with chapter 3 of part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

## Respective responsibilities of directors and auditor

As explained more fully in the directors' responsibilities statement, the directors are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

## Scope of the audit of the financial statements

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the directors; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the directors' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## Opinion of the financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 December 2016 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## Opinion on other matters prescribed by the Companies Act 2006

In our opinion the information given in the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements.

## Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; and
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the directors' report and take advantage of the small companies exemption from the requirement to prepare a strategic report.

Colin Reid (Senior Statutory Auditor)

For and on behalf of *Burgess Hodgson*  
*Chartered Accountants & Statutory Auditor, Camburgh House,*  
*27 New Dover Road, Canterbury, Kent CT1 3DN*

Date: 5 April 2017

**The Association of British Dispensing Opticians**  
(Limited by guarantee)

**Statement of income and retained earnings**

Year ended 31 December 2016

	Note	2016 £	2015 £
<b>Turnover</b>		3,269,085	3,106,675
Cost of sales		939,482	1,059,688
<b>Gross profit</b>		2,329,603	2,046,984
Administrative expenses		2,595,590	2,377,151
Other operating income		(384,613)	(383,022)
<b>Operating profit</b>		118,626	52,855
Other interest receivable and similar income		1,657	1,497
Interest payable and similar expenses		16,752	22,685
<b>Profit before taxation</b>	7	103,531	31,667
Tax on profit		578	560
<b>Profit for the financial year and total comprehensive income</b>		102,953	31,107
Retained earnings at the start of the year		1,508,852	1,477,745
Retained earnings at the end of the year		1,611,805	1,508,852

All the activities of the company are from continuing operations.

**The Association of British Dispensing Opticians**  
(Limited by guarantee)

**Statement of financial position**

31 December 2016

	Note	2016 £	2015 £
<b>Fixed assets</b>			
Intangible assets	8	54,289	63,801
Tangible assets	9	912,095	655,151
Investments	10	500,000	500,000
		1,466,384	1,218,952
<b>Current assets</b>			
Debtors	11	349,737	380,691
Cash at bank and in hand		619,174	618,609
		968,911	999,300
<b>Creditors: Amounts falling due within one year</b>	12	823,490	709,400
<b>Net current assets</b>		145,421	289,900
<b>Total assets less current liabilities</b>		1,611,805	1,508,852
<b>Net assets</b>		1,611,805	1,508,852
<b>Capital and reserves</b>			
Profit and loss account		1,611,805	1,508,852
<b>Members' funds</b>		1,611,805	1,508,852

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

These financial statements were approved by the board of directors and authorised for issue on 28 March 2017, and are signed on behalf of the board by:

**Mrs F Anderson BSc (Hons) FBDO FEAOO R SMC (Tech)**

**Mr C Marchant FBDO**

# Notes to the financial statements

Year ended 31 December 2016

## 1. General information

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is 199 Gloucester Terrace, London, W2 6LD.

## 2. Statement of compliance

These financial statements have been prepared in compliance with the provisions of FRS 102 Section 1A, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

## 3. Accounting policies

### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

### Transition to FRS 102

The entity transitioned from previous UK GAAP to FRS 102 as at 1 January 2015. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 16.

### Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

### Revenue recognition

Turnover represents subscriptions and examination fees.

## Income tax

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

## Intangible assets

Intangible assets are initially recorded at cost, and are subsequently stated at cost less any accumulated amortisation and impairment losses. Any intangible assets carried at revalued amounts, are recorded at the fair value at the date of revaluation, as determined by reference to an active market, less any subsequent accumulated amortisation and subsequent accumulated impairment losses.

Intangible assets acquired as part of a business combination are recorded at the fair value at the acquisition date.

## Amortisation

Amortisation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful life of that asset as follows:

*Website development . . . . . 20% straight line*

If there is an indication that there has been a significant change in amortisation rate, useful life or residual value of an intangible asset, the amortisation is revised prospectively to reflect the new estimates.

## Tangible assets

All fixed assets are initially recorded at cost. Amortisation / Depreciation occurs once the asset is brought into use. Refer to note 6 for further disclosure with respect to property improvements.

## Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

<i>Property development</i>	<i>2% straight line</i>
<i>Exam Equipment</i>	<i>33% straight line</i>
<i>Fixtures and fittings</i>	<i>20% straight line</i>
<i>Computer Hardware</i>	<i>33% straight line</i>
<i>Computer Software</i>	<i>10% straight line</i>

## Investments

Fixed asset investments are initially recorded at cost, and subsequently stated at cost less any accumulated impairment losses.

Listed investments are measured at fair value with changes in fair value being recognised in profit or loss.

### Investments in associates

Investments in associates accounted for in accordance with the cost model are recorded at cost less any accumulated impairment losses.

Investments in associates accounted for in accordance with the fair value model are initially recorded at the transaction price. At each reporting date, the investments are measured at fair value, with changes in fair value recognised in other comprehensive income/profit or loss. Where it is impracticable to measure fair value reliably without undue cost or effort, the cost model will be adopted.

Dividends and other distributions received from the investment are recognised as income without regard to whether the distributions are from accumulated profits of the associate arising before or after the date of acquisition.

### Investments in joint ventures

Investments in jointly controlled entities accounted for in accordance with the cost model are recorded at cost less any accumulated impairment losses.

Investments in jointly controlled entities accounted for in accordance with the fair value model are initially recorded at the transaction price. At each reporting date, the investments are measured at fair value, with changes in fair value recognised in other comprehensive income/profit or loss. Where it is impracticable to measure fair value reliably without undue cost or effort, the cost model will be adopted.

Dividends and other distributions received from the investment are recognised as income without regard to whether the distributions are from accumulated profits of the joint venture arising before or after the date of acquisition.

## Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the company are assigned to those units.

## Financial instruments

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

## Defined contribution plans

The company contributes to the personal pension plans of certain employees, subject to a maximum of 10% of the employee's annual salary. Such contributions are held independently of the company's finances. The contributions made are charged to the profit and loss account as they arise.

## 4. Company limited by guarantee

The company is limited by guarantee, not having share capital. In the event of the winding-up of the company each member of the Association undertakes to contribute such amount as may be required, not exceeding £20, either whilst a member or within one year of his membership ceasing.

## 5. Auditor's remuneration

	2016 £	2015 £
Fees payable for the audit of the financial statements	<u>15,781</u>	<u>16,034</u>

## 6. Employee numbers

The average number of persons employed by the company during the year, including the directors, amounted to 35 (2015: 34).

## 7. Profit before taxation

	2016 £	2015 £
Amortisation of intangible assets	27,792	27,043
Depreciation of tangible assets	<u>54,224</u>	<u>87,961</u>

## 8. Intangible assets

	£
<b>Cost</b>	
At 1 January 2016	133,119
Additions	<u>18,280</u>
At 31 December 2016	<u>151,399</u>
<b>Amortisation</b>	
At 1 January 2016	69,318
Charge for the year	<u>27,792</u>
At 31 December 2016	<u>97,110</u>
<b>Carrying amount</b>	
At 31 December 2016	<u>54,289</u>
At 31 December 2015	<u>63,801</u>

### Website

## 9. Tangible assets

	Property Imp'ments £	Fixtures & Fittings £	Computer Hardware £	Exam Equipment £	Computer Software £	Total £
<b>Cost</b>						
At 1 Jan 2016	369,449	35,010	126,985	196,241	637,610	1,365,295
Additions	-	<u>1,869</u>	<u>9,733</u>	<u>11,053</u>	<u>288,513</u>	<u>311,168</u>
At 31 Dec 2016	<u>369,449</u>	<u>36,879</u>	<u>136,718</u>	<u>207,294</u>	<u>926,123</u>	<u>1,676,463</u>
<b>Depreciation</b>						
At 1 Jan 2016	93,708	27,333	104,775	191,962	292,366	710,144
Charge for the year	<u>7,389</u>	<u>2,750</u>	<u>22,376</u>	<u>6,681</u>	<u>15,028</u>	<u>54,224</u>
At 31 Dec 2016	<u>101,097</u>	<u>30,083</u>	<u>127,151</u>	<u>198,643</u>	<u>307,394</u>	<u>764,368</u>
<b>Carrying amount</b>						
At 31 Dec 2016	<u>268,352</u>	<u>6,796</u>	<u>9,567</u>	<u>8,651</u>	<u>618,729</u>	<u>912,095</u>
At 31 Dec 2015	<u>275,741</u>	<u>7,677</u>	<u>22,210</u>	<u>4,279</u>	<u>345,244</u>	<u>655,151</u>

Property improvements relate to 199 Gloucester Terrace, a property owned by Eusebius Limited, a company in which the Association of British Dispensing Opticians (ABDO), the Federation of Ophthalmic and Dispensing Opticians (FODO) and the Federation of Manufacturing Opticians (FMO) each beneficially own one third of the issued share capital.

ABDO, FMO and FODO occupy the property owned by Eusebius Limited and each bear one third of the property running costs. The amounts shown above represent the amounts paid by ABDO in respect of its share of property improvements. These improvements are depreciated over 50 years on a straight line basis.

## 10. Investments

### Cost

At 1 January 2016 and 31 December 2016

### Carrying amount

At 31 December 2016

The company owns 500,000 £1 ordinary 'A' shares, being 33.33% of the ordinary issued share capital, in Eusebius Limited.

### Other investments other than loans

£

500,000

500,000

2016

2015

### Aggregate capital and reserves

£

£

Eusebius Limited

1,006,108

1,035,725

### Profit and (loss) for the year

Eusebius Limited

(29,617)

(29,617)

## 11. Debtors

2016

2015

£

£

Trade debtors

195,654

208,745

Amounts owed by undertakings in which the company has a participating interest

43,708

19,781

Other debtors

110,375

152,165

349,737

380,691

## 12. Creditors

### Amounts falling due within one year

2016

2015

£

£

Trade creditors

660,096

511,761

Corporation tax

578

560

Social security and other taxes

32,390

28,174

Other creditors

130,426

168,905

823,490

709,400

## 13. Commitments under operating leases

The total future minimum lease payments under non-cancellable operating leases are as follows:

2016

2015

£

£

Later than 1 year and not later than 5 years

21,220

21,220

## 14. Contingencies

The Association of British Dispensing Opticians entered into a deed of grant in February 2016 to assist the ABDO College of Education to meet its debts as they fall due for a period of five years.

## 15. Related party transactions

The Association of British Dispensing Opticians, a company limited by guarantee, was controlled throughout the year by its members.

Charges of £99,970 (2015: £98,000) were made to the Association of British Dispensing Opticians by the ABDO College of Education in respect of costs incurred in the provision of administrative support services.

The Association of British Dispensing Opticians charged the ABDO College of Education £160,000 (2015; £145,000) in respect of administrative salaries.

As at 31 December 2016 the Association of British Dispensing Opticians owed the ABDO College of Education £nil (2015: £86,468).

The Association of British Dispensing Opticians is a member of the ABDO College of Education whose trustees include up to six trustees appointed by the Association of British Dispensing Opticians.

At the year end the Association of British Dispensing Opticians owed £34,905 (2015: £30,019) to the ABDO Benevolent Fund, a connected charity.

The Association of British Dispensing Opticians owns 33.33 per cent of the ordinary issued share capital in Eusebius Limited. As at 31 December 2016 Eusebius Limited's participating stakeholders owed the Association of British Dispensing Opticians £43,708 (2015: £19,781).

## 16. Transition to FRS 102

These are the first financial statements that comply with FRS 102. The company transitioned to FRS 102 on 1 January 2015.

No transitional adjustments were required in equity or profit or loss for the year.

## Officers and professional advisors

### The board of directors

- Fiona Anderson  
*Appointed President 10 April 2016*
- Peter Black  
*Appointed advisor to the board 10 April 2016*
- Anthony Blackman  
*Resigned 30 September 2016*
- Jennifer Brower  
*Resigned 21 April 2016*
- Keith Cavaye
- Gerardine Dynan
- Kevin Gutsell  
*Appointed 30 September 2016*
- Jo Holmes
- Clive Marchant  
*Appointed Vice President 10 April 2016*
- Kevin Milsom
- Daryl Newsome  
*Appointed 30 September 2016*
- Rupesh Patel  
*Appointed 30 September 2016  
Resigned January 2017*

### Company secretary

Sir Anthony Garrett CBE HonFBDO

### Registered office

199 Gloucester Terrace,  
London, W2 6LD

### Auditor

Burgess Hodgson  
Chartered Accountants  
& Statutory Auditor  
Camburgh House,  
27 New Dover Road  
Canterbury, Kent, CT1 3DN

### Bankers

Barclays Bank Plc  
Level 27, 1 Churchill Place  
London, E14 5HP

### Solicitors

Hempsons, 40 Villiers Street  
London, WC2N 6NJ

# Annual report and financial statements of the ABDO Benevolent Fund

For the year ended 31 December 2016

## Legal and administrative details

The Association of British Dispensing Opticians Benevolent Fund is a registered Charity (Registration Number 299447), and is governed by a Trust Deed dated 10 October 1962.

### Trustees

Trustees are appointed by the board of the Association of British Dispensing Opticians. The trustees during the year ended 31 December 2016 were:

Mr J Baker	Miss K Devlin
Mr E Hall	Mrs R Kirk

### Management committee

Members who served on the committee during the year were:

Mrs J Brower (Chairman)	Mrs J Holmes
Mr D Kirk	Miss M Taylor
Mrs S Williams	

### Principal address

199 Gloucester Terrace  
London  
W2 6LD

### Auditors

Burgess Hodgson  
Chartered Accountants  
and Registered Auditors  
Camburgh House  
27 New Dover Road  
Canterbury  
Kent CT1 3DN

## Trustees' report

### Charitable objectives

The object of the charity is to assist by donation or grant necessitous persons who are or were members of the Association or the employees of members of the Association who are engaged in or connected with dispensing optics, and in each case the dependants of such persons.

Membership of the Benevolent Fund is open to all members of the Association.

### Statement of trustees' responsibilities

Charity law and the charity's deed of trust requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the fund and of the income and expenditure of the fund for that period.

In preparing those financial statements, the trustees are required to select suitable accounting policies and then apply them consistently; make judgements and estimates that are reasonable and prudent and prepare the financial statements on a going concern basis unless it is inappropriate to assume that the fund will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Fund and enable that the financial statements comply with

the requirements of the Charities Act and the trust deed. They are also responsible for safeguarding the assets of the Fund and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Review of the transactions and the financial position

The deed of trust places the administration of the fund with a management committee whose review of the transactions and the financial position is on page 21.

### Connected charity

The fund is connected to the ABDO College of Education by unity of administration. The object of the College is to advance and promote education and research in the science and practice of optics for the public benefit and to disseminate the useful results of such research. There were no material transactions between the two charities.

### Auditors

The trust deed requires the fund's accounts to be audited. Burgess Hodgson LLP, have indicated their willingness to continue in office and accordingly a resolution will be proposed at the fund's annual meeting that they be appointed as auditors to the fund for the ensuing year.

### J Baker, K Devlin

On behalf of the trustees 11 March 2017

## Management Committee report

For the year ended 31 December 2016

During 2016 the fund received a total of £11,950 which included the ABDO Grant for the year and affinity card payment.

For the above period the management committee continued to maintain contact with the beneficiaries of the fund, reviewing grants as and when it becomes appropriate. The beneficiaries received a total of £7,460 in 2016.

## Report of the auditors to the trustees of the Association of British Dispensing Opticians Benevolent Fund

We have audited the financial statements opposite, which have been prepared under the historical cost convention.

## Respective responsibilities of trustees and auditors

As described on page 20 the trustees are responsible for the preparation of financial statements. It is our responsibility to form an independent opinion, based on our audit, on those statements and to report our opinion to you.

## Basis of opinion

We conducted our audit in accordance with auditing Standards issued by the Auditing Practices Board.

An audit includes examinations, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the

trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the trust's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

## Opinion

In our opinion the financial statements give a true and fair view of the state of the trust's affairs as at 31 December 2016 and of its income and expenditure for the year then ended and have been properly prepared in accordance with the provisions of the Charities Acts.

Colin Reid (Senior Statutory Auditor)  
Burgess Hodgson 5 June 2017

*Chartered Accountants & Statutory Auditor,  
Camburgh House, 27 New Dover Road,  
Canterbury, Kent CT1 3DN*

## The Association of British Dispensing Opticians Benevolent Fund

### Statement of Financial Activities

Year ended 31 December 2016

	2016	2015
	£	£
<b>Income and Expenditure</b>		
Subscriptions and Donations Received	20	90
Grant from ABDO	10,344	10,300
Affinity Card	1,235	1,298
	<u>11,779</u>	<u>11,688</u>
<b>Investment Income</b>		
Bank Interest Received	171	301
<b>TOTAL INCOMING RESOURCES</b>	<u>11,950</u>	<u>11,989</u>
<b>Direct Charitable Expenditure</b>		
Grants to Dependants or Beneficiaries	(7,460)	(4,423)
<b>Other Expenditure</b>		
Bank interest payable	-	-
Commission	(19)	(27)
<b>NET INCOME/EXPENDITURE FOR THE YEAR</b>	<u>4,471</u>	<u>7,539</u>
Fund Balance Brought Forward At 1 January 2016	75,959	68,420
Unrestricted Fund Balance Carried Forward	<u>80,430</u>	<u>75,959</u>

### Balance sheet

Year ended 31 December 2016

	2016	2015
	£	£
<b>Current Assets</b>		
Cash at Bank	38,076	36,896
Debtors	7,449	9,044
Debtors - ABDO	34,905	30,019
	<u>80,430</u>	<u>75,959</u>
<b>Current Liabilities</b>		
Creditors	-	-
Net Assets	<u>80,430</u>	<u>75,959</u>
Financed By:		
<b>Accumulated/Unrestricted Fund</b>		
Balance Brought Forward	75,959	68,420
Excess of income over Expenditure for the year	4,471	7,539
	<u>80,430</u>	<u>75,959</u>

Approved by the Trustees on 11 March 2017 **J Baker** Trustee **K Devlin** Trustee



abdo

**Association of British Dispensing Opticians**

199 Gloucester Terrace  
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