

Generate your own interactive CET

Set up a discussion group in your practice

The GOC have made it possible for registrants to gain CET points without relying on an approved CET Provider. Any registrant can set up a discussion group in a workplace or other appropriate location, provided that approval is gained before the date of the group meeting.

A maximum of 10 practitioners can attend, with a minimum of 4. Any registrant can set up the group, for any or all of the registrant professions. The session will provide 3 points for each of the participants.

A step-by-step guide to how to set up a group through 'My CET' is available on the ABDO website:

<http://www.abdo.org.uk/cet/peer-discussionreview/>

There you will also find a collection of peer discussion cases and scenarios for the use of ABDO members. They are categorised by the appropriate DO competency. Some cases appear under more than one competency. It can also be helpful and relevant to discuss pre-selected and anonymised real cases from practice records.

The ABDO CET department can help if you get stuck with your application or administration, or if you have any questions.

Email: abdocet@abdo.org.uk

T: 01206 734155

NOTE: This type of CET counts as the peer review requirement for CLOs or optometrists, and also interactive CET for dispensing opticians.

Pre-approved case records

A registrant-led discussion group will fulfill the requirement of peer review for optometrists and CLOs, but the 3 CET points also are gained by DOs participating, if you include them in the application.

Members should aim to cover not more than 2 - 3 competencies and allow ample time to discuss fully a *minimum* of 2 cases in the session.

ALL ABDO MEMBER REGISTRANTS CAN USE THIS FORM OF CET TO GAIN INTERACTIVE CET POINTS.

The cases available for member use are part of peer discussion sets which have been GOC-approved for ABDO, and the approval number is shown in brackets, eg C-34422. You may quote this number to support your application for CET-approval for your own registrant-led peer group session. The learning objectives are stated as a preface to each case. You will be asked for these when you make your application.

Although the GOC has approved the case mix included in each C-number, ABDO cannot guarantee automatic approval will be given for your own mix of cases.

ABDO cannot upload points for you for the group that attends your peer discussion. The College of Optometrists also have case records on their website which have been approved by the GOC for optometrist use in registrant-led peer discussion/review groups. If you have an optometrist in your group, you may want to look at those, too, for ideas.