

# Ophthalmic dispensing peer review and reflection case record template notes

The case template and these accompanying notes are provided as guidance only to help support case reflection and peer review. Each case will have details individual to the patient, the practitioner and the circumstances. In using this guidance, you may choose to only complete the areas that are relevant to your case and may choose to add in areas that are not presented here as this guidance is not intended as exhaustive.

## Case Title

This is chosen by you and may depend on the circumstances behind why you are writing the case up. If it is for personal reflection use only or for a discussion with other people involved directly in the care of the patient, you may choose to use the patients name or practice patient number. If you are considering using this case in discussions with people not directly involved in the patients care, then you should ensure patient anonymity and use a title that is relevant but not a direct link back to the patient.

## Occupation

As well as title you may wish to specify details of the activities the patient partakes in for their occupation, if relevant to your case.

## Lifestyle and hobbies

Include relevant work and personal details e.g. driver, digital device use, activities.

## Spectacle prescription

Complete with the spectacle prescription details for the individual, this may not require all the boxes available in the template. It is a good idea to include VAs if they are available, particularly if you are intending to use this for discussion purposes.

## Prescribers notes

Note any comments or additional measurements from the prescriber, e.g. testing vertex distance.

## Dispensing

It may be that you dispensed more than one optical appliance to your patient due to their requirements. You can discuss all visual solutions for the patient on this record if required for your case discussions, or create separate cases for each

## Frame/Appliance details

Note frame details that are relevant to your case including measurements, for example: make and model, box centre distance, length to bend, splay angle, temple width, vertex distance, pantoscopic tilt, face-form angle, distance between pads etc.

## Lens and centration details

Note relevant lens details and measurements, for example: index, coating, optical design, tints/filters, monocular pupillary distances, vertical heights above or below HCL, inset, de-centration, minimum size uncut, PAL corridor length, segment design etc.

## Fitting and adjustments

Note adjustments made for fitting. Consider those done both at dispensing and on collection. These may include any significant alterations that may have been undertaken, such as shortening of sides.

## Additional case information

This section allows for justification of dispensing choice and areas that should be of interest for discussion or reflection. This may highlight relevance to the patient's requirements, including personal lifestyle details and prescription requirements, as well as any notes on their previous optical appliances and experience with.

Consider any specific special circumstances and any discussions relevant to the dispense. Additionally, consider any advice provided to the patient. In some circumstances you may wish to include any calculations you required for your dispensing. Any relevant photos or documents can also be included.

PLEASE NOTE: *it is important to remember all information must be anonymised and patient permission should be obtained for any photographs that are to be included for discussion.*

# Ophthalmic dispensing peer review case record template

<b>CASE TITLE</b>		<b>AGE</b>	
<b>OCCUPATION</b>		<b>GENDER</b>	
<b>LIFESTYLE AND HOBBIES</b>			

## PRESCRIPTION DATE

## RECALL

<b>RIGHT EYE</b>	<b>Vision</b>	<b>Sph</b>	<b>Cyl</b>	<b>Axis</b>	<b>Prism</b>	<b>Base</b>	<b>VA</b>	<b>Add</b>	<b>N VA</b>

<b>LEFT EYE</b>	<b>Vision</b>	<b>Sph</b>	<b>Cyl</b>	<b>Axis</b>	<b>Prism</b>	<b>Base</b>	<b>VA</b>	<b>Add</b>	<b>N VA</b>

## PRESCRIBER NOTES:

<b>FRAME DETAILS</b>	

<b>LENS and CENTRATION DETAILS</b>	

<b>FITTING and ADJUSTMENTS</b>	

**ADDITIONAL CASE INFORMATION**

Empty box for additional case information.