

Guide for CET authors – 2020-21

Self-directed learning

Dispensing Optics now includes self-directed learning (SDL) and visual recognition tests (VRTs) to address more learner-centric approaches to CPD.

SDL and VRTs encourage participants to use website resources. This can be from journal sites – reading academic articles or abstracts, clinical sites/professional associations/commercial sites, listening to podcasts or following links to past *Dispensing Optics* CET articles.

Preparing your submission

SDL submissions should comprise:

- An introduction for publication in *Dispensing Optics*, including a brief introduction to the topic and cases. The SDL theme for 2019-2021 is 'A specialised skill', which can be any aspect of dispensing practice. The introduction should include online links to follow, each with a short explanation of that particular resource.
- Not more than two parts/cases/scenarios should be included. If the topic is broad enough, it can consist of one longer case, or just several resources dedicated to a particular topic.
- There must be a minimum of eight MCQs provided, e.g. for two parts, minimum 2 x 4 MCQs. MCQs should number not more than 12.
- Each MCQ must have a sentence of explanation, which will be published in *Dispensing Optics* after the closing date. MCQs can include pictures.
- At least two high resolution pictures relating to the topic.

Although a case/scenario-based approach is preferred, the CET can also work without cases, making the resources the main focus of the study and MCQs. There should be enough resources suggested to give a balanced view of the topic. Resources from only one author/website will be returned for further additions.

Resources should be selected from credible and objective websites and journals. Sometimes commercial sites have detailed, reliable and objective information, but they should not be included if that information has not been independently verified.



If possible, when reference to marketing material on a commercial website is unavoidable, more than one commercial site should be included to provide an alternative viewpoint for the participant's consideration.

CET must not promote commercial, business or financial interests or practises that compromise standards of patient care or safety.

Please read the 'CET article submission guide 2020-21' in tandem with this document.

If submitting a VRT, read 'Visual recognition test CET submission guide 2020-21'.

Address any CET submissions queries to abdocet@abdo.org.uk



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