## References

- 1. Straus SE, Glasziou P, Richardson WS, Haynes RB. *Evidence –Based Medicine 5<sup>th</sup> Edn*. Edinburgh. Elsevier. 2019 p. 1
- 2. Hoffmann T, Bennett S, Del Mar C. Evidence –Based Practice 3<sup>rd</sup> Edn. Australia: Elsevier 2017 p. 4
- 3. Fleming PJ, Gilbert R, Azaz Y, Berry P, Rudd PT, Stewart A, Hall E. Interaction between bedding and sleeping position in the sudden infant death syndrome: a population based case controlled study. *British Medical Journal*. 1990; 301: 85-89. Available from: <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1663432/pdf/bmj00188-0019.pdf">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1663432/pdf/bmj00188-0019.pdf</a> Accessed 16th March 2021.
- 4. Blair PS, Sidebotham P, Berry P, Evans M, Fleming PJ. Major epidemiological changes in sudden infant death syndrome: a 20-year population –based study in the UK. *The Lancet*. 2006; 367(9507): 314-319. Available from: <a href="https://www.sciencedirect.com/science/article/pii/S0140673606679683">https://www.sciencedirect.com/science/article/pii/S0140673606679683</a> Accessed 16th March 2021.
- 5. General Optical council *Standards of Practice for Optometrists and Dispensing Opticians*. London: General Optical Council. 2016
- 6. Ridley D. *The Literature Review*. London: Sage 2008 p. 40-41
- 7. Onwuegbuzie A, Frels R. *7 Steps to a Comprehensive Literature Review*. London: Sage. 2016 p. 104-105

- 8. Aveyard H. *Doing a Literature Review in Health and social care 3<sup>rd</sup> Edn*. England: Open University Press. 2014 p. 33
- 9. Greenhalgh T. How to read a paper 5<sup>th</sup> Edn. England: John wiley & sons Ltd p. 41.
- 10. Hoffmann T, Bennett S, Del Mar C. Evidence –Based Practice 3<sup>rd</sup> Edn. Australia: Elsevier 2017 p. 26-27
- 11. Greenhalgh T. How to read a paper 5<sup>th</sup> Edn. England: John wiley & sons Ltd p. 34-41
- 12. CAST UK. CASP Checklists. Available from: https://casp-uk.net/casp-tools-checklists/ Accessed 21st March 2021
- 13. Lam CS, Tang WC, Tse DY, Lee RP, Chun RK, Hasegawa K, Hatanaka T, To CH. Defocus Incorporated Multiple Segments (DIMS) spectacle lenses slow myopia progression: a 2-year randomised clinical trial. *British Journal of Ophthalmology.* 2020;104:363-368. Available from: <a href="https://bjo.bmj.com/content/104/3/363.full">https://bjo.bmj.com/content/104/3/363.full</a> 6th January 2021
- 14. Chamberlain P, Peixoto-de-Matos S, Logan NS, Ngo C, Jones D, Young G. A 3-year Randomised Clinical Trial of MiSight Lenses for Myopia control. *Optometry and Vision Science*. 2019;96:556-567. Available from: <a href="https://journals.lww.com/optvissci/Fulltext/2019/08000/A">https://journals.lww.com/optvissci/Fulltext/2019/08000/A</a> 3 year Randomized Clinical Trial of MiSight.3.as <a href="px Accessed 6th January 2021">px Accessed 6th January 2021</a>.
- 15. Cooper J, O'Connor B, Watanabe R, Fuerst R, Berger S, Eisenberg N, Dillehay SM. Case Series Analysis of Myopic progression Control With a Unique Extended Depth of focus Multifocal Contact Lens. *Eye & Contact Lens*. 2018; 44(5). Available from:
  - https://journals.lww.com/claojournal/Fulltext/2018/09000/Case Series Analysis of Myopic Progression Control.14.aspx Accessed 6th January 2021.

16. International Myopia Institute. <i>IMI White Papers</i> . Available from: <a href="https://myopiainstitute.org/imi-whitepapers/">https://myopiainstitute.org/imi-whitepapers/</a> Accessed 22 <sup>nd</sup> March 2021.