



# 2021 Graduation and Prize Giving Ceremony

Canterbury Cathedral, Wednesday 24 November 2021

# Welcome to our very special occasion

**W**elcome to Canterbury Cathedral and the 2021 Association of British Dispensing Opticians Graduation and Prize Giving Ceremony. This magnificent Cathedral is alive with history; from its origins as a small church built by St Augustine in the 6th century, through 1,400 years of development and change into the beautiful building which surrounds us today. It is the perfect setting for this important event and I look forward to the pleasure of conferring graduate status upon our new colleagues. Graduating in such splendid surroundings is a special privilege and I am very pleased to see that we have so many to honour here today.

The following pages contain the list of graduands upon whom the Fellowship of the Association of British Dispensing

Opticians will be conferred, and also the names of those due to receive higher honours and special prizes.

The act of graduation follows a time honoured tradition. The graduands approach the dais one by one to be congratulated and receive the ceremonial handshake. This official handshake is the key to graduation, because at that moment our graduands become graduates and stand on equal terms with their colleagues within their chosen profession of dispensing optics.

Our graduands have worked long and hard towards this day and I am sure that their families and friends are very proud of the achievements which we are celebrating. I should like to add my personal congratulations on their successes and I hope that everyone will remember this very special occasion for many years to come.

**Jo Holmes** FBDO  
*President*



Doors to the Cathedral will open at 1.30pm and the ceremony will commence at approximately 1.45pm



# About the Association



**T**he Association of British Dispensing Opticians (ABDO) was formed in 1986 when the Association of Dispensing Opticians and the Faculty of Dispensing Opticians, were merged following the Health and Social Security Act of 1984. The profession of dispensing opticians has been regulated voluntarily since 1926 and, as a statutory profession, by the 1958 Opticians Act; since when the conduct of dispensing opticians has been regulated partly by legal provisions, by advice given by the General Optical Council and by ABDO's own Advice & Guidelines to Fellows.

ABDO is the only professional body solely dedicated to the interests of dispensing opticians, both individually and collectively, and to the profession of dispensing optics. Since it was founded the total number of members has more than doubled. ABDO has also grown internationally and now has members and conducts its activities in over 25 other countries outside the UK.

ABDO currently has over 8,000 members and represents over 6,000 qualified dispensing opticians in the UK. It also has approximately 1,300 student members worldwide.



## The aims and objectives of the Association are:

- To encourage the study, and continual improvement of the practice, of dispensing optics.
- To encourage suitable standards of education in dispensing optics, and to establish, continue and adjudicate a system of qualifying and higher examinations.
- To enter into any arrangements with any authorities that may seem conducive to the interests of the ABDO and its members.
- To support, protect and advance the character, status and interests of dispensing opticians.
- The advancement, for the benefit of the public, of the science and art of dispensing optics and promotion of research into such science and art, provided that the useful results of any such research is disseminated for public benefit.
- To promote the advantages of better education and training of dispensing opticians.
- To disseminate amongst its members and others information on all matters affecting dispensing optics, and publish written material as appropriate.

- To provide to legislative, public bodies and others, facilities of conferring with, and ascertaining the views of, persons engaged in the optical dispensing profession.
- To provide meaningful and relevant methods of continuing education and training and continuing professional development for its members.

## ABDO is the professional body for dispensing opticians in the UK and some of its core activities include:

- Political and legislative lobbying for the rights and status of dispensing opticians.
- Providing professional advice and guidelines.
- Setting the syllabus for all ophthalmic dispensing examinations.
- Acting as an awarding body for ophthalmic dispensing qualifications.
- Conducting examinations and providing trained examiners.
- Providing extensive CET and CPD.
- Encouraging lifelong learning and the provision of higher/honours qualifications.
- Providing a comprehensive range of membership benefits.
- Working proactively with other optical bodies.

# A short history of Canterbury Cathedral

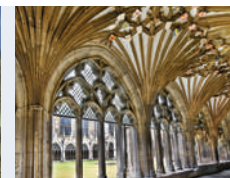


**C**anterbury Cathedral is alive with history and fascinating stories. The information below provides a brief insight into this magnificent building.

St Augustine, the first Archbishop of Canterbury, arrived on the coast of Kent as a missionary to England in 597 AD. He came from Rome, sent by Pope Gregory the Great. Augustine was given a church at Canterbury (St Martin's, after St Martin of Tours, still standing today) by the local King, Ethelbert whose Queen, Bertha, a French Princess, was already a Christian. This building had been a place of worship during the Roman occupation of Britain and is the oldest church in England still in use. Augustine established his seat within the Roman city walls (the Latin word for a seat is cathedra, from which the word cathedral is derived) and built the first cathedral there, becoming the first Archbishop of Canterbury. Since that time, there has been a community around the Cathedral offering daily prayer to God; this community is arguably the oldest organisation in the English speaking world. The Rt Revd Dr Justin Welby, is 105th in the line of succession from Augustine. Augustine's original building lies beneath the floor of the nave – it was extensively rebuilt and enlarged by the Saxons, and the Cathedral was rebuilt completely by the Normans in 1070

following a major fire. There have been many additions to the building over the last nine hundred years, but parts of the quire and some of the windows and their stained glass date from the 12th century.

The best known event in the Cathedral's history is the murder of Archbishop Thomas Becket in 1170. Canterbury, always on the medieval pilgrim route to Rome, became an end in itself, as thousands came to worship at Becket's tomb, especially after his canonisation in 1173. Geoffrey Chaucer's pilgrims in his poem, *The Canterbury Tales*, were by no means unique. They represented the hundreds of thousands who travelled to the Cathedral to pray, repent or be healed at his shrine. (The word canter comes from the pace of the pilgrims' horses as they rode to the Cathedral.) The tradition of pilgrimage is very much alive today, although the journey is now faster and considerably more comfortable. Thomas' shrine was destroyed in 1538 on the orders of King Henry VIII; today, a simple candle marks the place where it once stood and the pink stone before it bears the imprint of thousands of pilgrims' knees. When Becket was made Archbishop of Canterbury by King Henry II in 1162, he changed his total allegiance from the King to the Pope and the Church. Henry had expected his full support, and there were many conflicts between them, the final



one being Thomas' excommunication of the Archbishop of York and the Bishops of London and Salisbury for their support for Henry's attacks on the rights of Thomas as Archbishop. Not only had the King's agents used Thomas' property while he was in exile in France but, in the summer of 1170, King Henry had his son crowned as his heir by these and other Bishops, usurping a long standing right of the Archbishop of Canterbury.

Four knights overheard the King's rage and took seriously his shout of "Who will rid me of this meddlesome priest?" On 29 December 1170 they entered the Archbishop's lodgings from Palace Street; the monks persuaded Thomas to enter the Cathedral from his Palace through the Cloisters and into the North West Transept. Vespers was in progress when the knights burst in, and found Thomas kneeling at the altar.

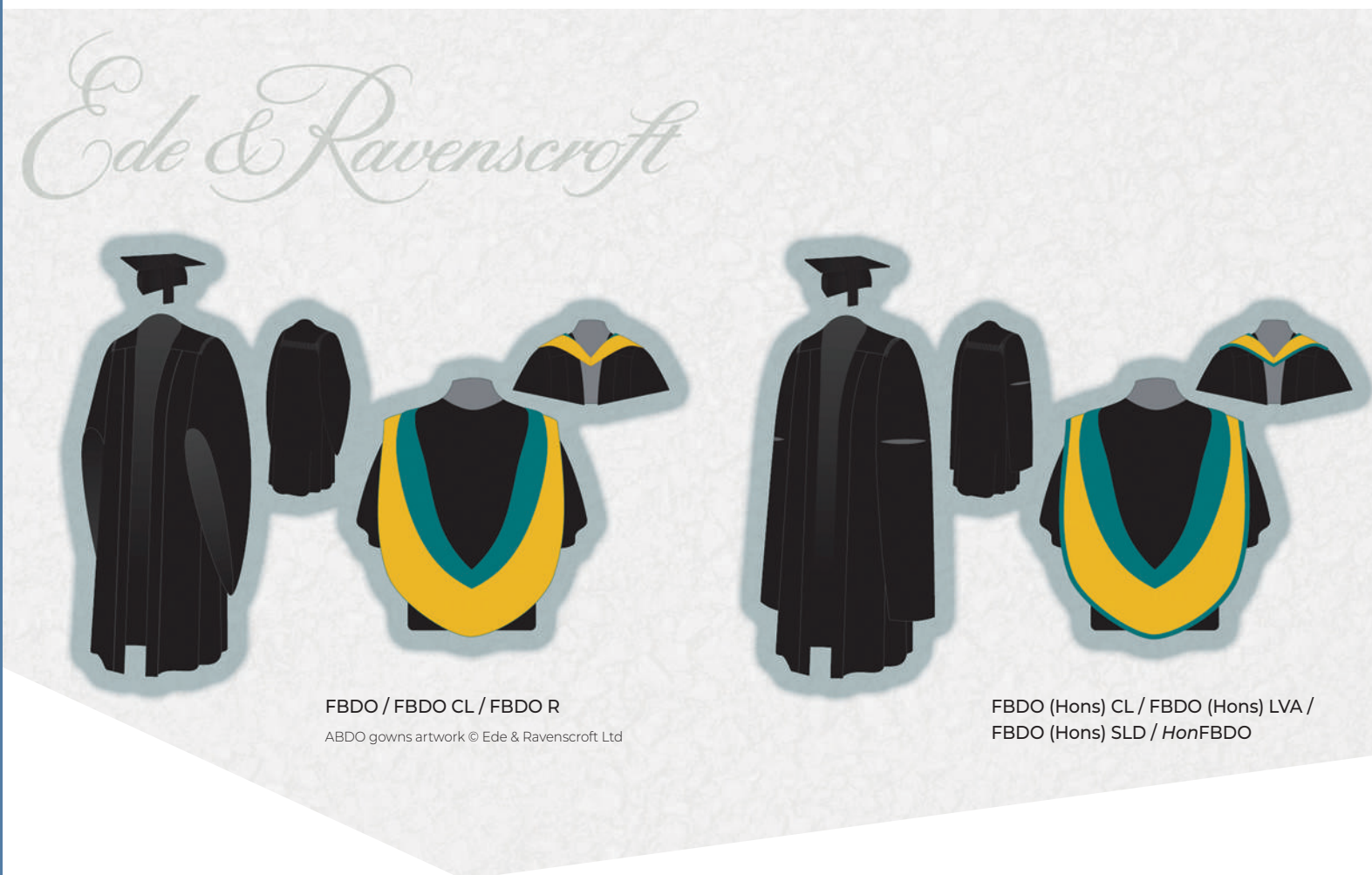
According to Edward Grim, a monk who watched the murder, Thomas refused to absolve the Bishops and told the knights that "for the name of Jesus and the protection of the Church, I am ready to embrace death." The knights wielded their

weapons and administered three mighty blows, the last one breaking off the tip of a sword. Three days after his death, there began a series of miracles attached to his martyrdom. These are depicted in the miracle windows of the Trinity Chapel. In 1173, Becket was canonised by Pope Alexander III. Pilgrims began to flock to Thomas' shrine in the Cathedral; a year later Henry, in sackcloth, walking barefoot, was among them.

During the Civil War of the 1640s, the Cathedral suffered damage at the hands of the Puritans; much of the medieval stained glass was smashed and horses were stabled in the nave. After the Restoration in 1660, several years were spent in repairing the building. In the early 19th century, the North West tower was found to be dangerous. It was demolished in the early 1830s and replaced by a copy of the South West tower, thus giving a symmetrical appearance to the west end of the Cathedral.

**ABDO has been privileged and proud to be able to use the Cathedral as a venue for the Association's annual graduation and prize giving ceremony since 2004.**

# Academic dress



FBDO / FBDO CL / FBDO R

ABDO gowns artwork © Ede & Ravenscroft Ltd

FBDO (Hons) CL / FBDO (Hons) LVA /  
FBDO (Hons) SLD / HonFBDO

**W**orking with robe makers Ede & Ravenscroft, thought to be the oldest firm of tailors in the world, ABDO commissioned new academic dress for its Fellows in 2012. Designed by fully acknowledging the traditional origination process, the colourful green and gold hoods are derived from the core colours of the Association crest.

The basic item of academic dress is the gown which has evolved over the centuries from clergy robes. The ABDO gowns are plain black and open fronted and there are two styles, one for those who hold the FBDO, FBDO CL, FBDO R qualifications and one for those who have acquired FBDO (Hons) CL, FBDO (Hons) LVA, FBDO (Hons) SLD honours qualifications and Honorary Fellows, *HonFBDO*. There are also two different versions of the ABDO hood, the honours hood being faced with green (25mm) on the cape edge.

The headwear for ABDO qualifications is the mortar board.



# Order of proceedings

## 10.30 to 12.30pm: Registration

Upon arrival at the Cathedral all graduands should report immediately for registration in the Clagett Auditorium reception area so that gowns and tickets can be collected from Ede & Ravenscroft staff within the Clagett Auditorium. Guests are not allowed to enter the Clagett Auditorium so graduands should arrange to meet their guests in another area of the Cathedral precincts after they have registered. If access or seating for the disabled is required please make this known at the time of registration.

**11.00 to 12.45pm: Official photography** will be conducted by Ede & Ravenscroft in the International Study Centre.

**1.00pm: All graduands must be assembled as advised on the day. The official graduands' group photography and procession briefing will take place.**

**1.30pm:** The main Cathedral doors will open for guests to take their seats.

Guests are requested to take their seats as directed before the entry of the graduands; they should remain seated whilst the graduands enter and stand only when the Dignitaries' Procession begins.

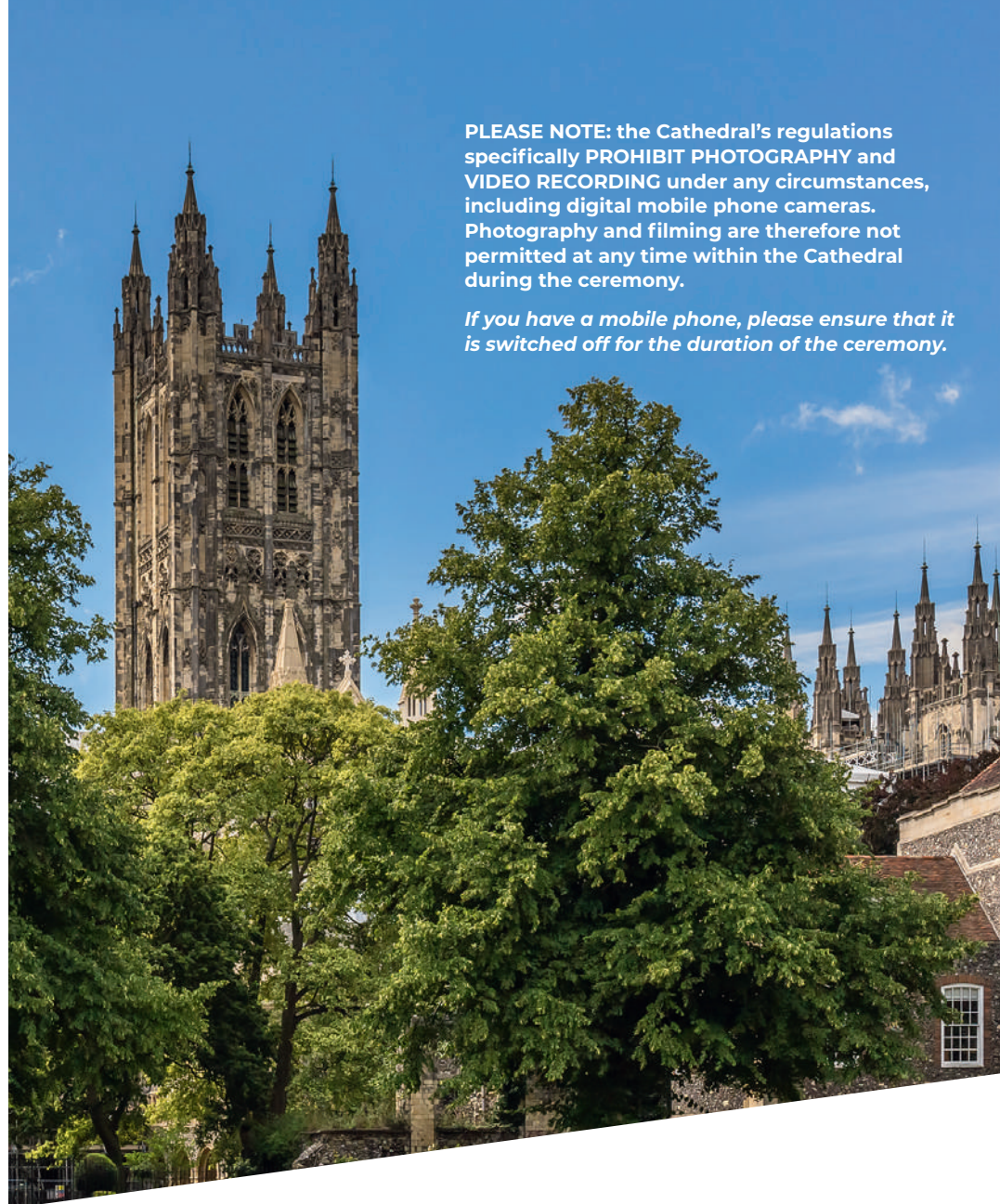
Preceded by the Procession Marshal, Ed Fox, the graduands will enter the Cathedral. *(As the students enter they are called 'graduands', since it is not until their award has been conferred that they become 'graduates'.)* The graduands will take their seats before the start of the ceremony, which is heralded by the entry of the Dignitaries' Procession.

There will be a brief introduction by Mark Chandler, ABDO's Head of Examinations and Registration, followed by a welcome address by Jo Holmes, the ABDO President and an address by Ian Davies, Master of the Worshipful Company of Spectacle Makers, after which the conferral of awards and prizes will commence.

**The exit of the final Dignitaries' Procession marks the end of the ceremony.** Graduates and guests are asked to remain standing until the Dignitaries' Procession has left the Cathedral. **At the end of the ceremony graduates and their guests are kindly requested to vacate the Cathedral as soon as possible. Only prize winners are requested to stay behind and assemble for a group photograph.**

**PLEASE NOTE:** the Cathedral's regulations specifically **PROHIBIT PHOTOGRAPHY and VIDEO RECORDING** under any circumstances, including digital mobile phone cameras. Photography and filming are therefore not permitted at any time within the Cathedral during the ceremony.

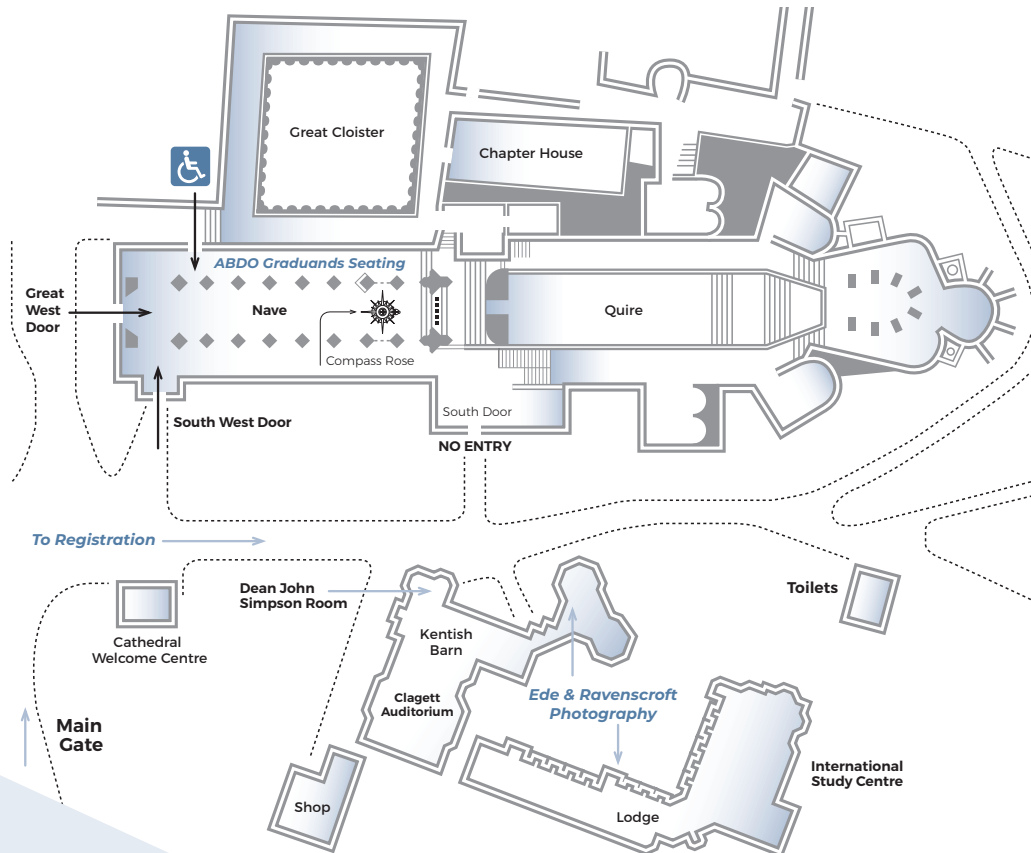
*If you have a mobile phone, please ensure that it is switched off for the duration of the ceremony.*



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# Cathedral precincts



**IMPORTANT** Please note that regulations specifically prohibit photography within the Cathedral



# Entrance of graduands and processions

## Graduands' Procession

*Guests to remain seated*

### Procession Marshal

Ed Fox FBDO  
*Membership Officer*

Following the Procession Marshal,  
the graduands will enter the  
Cathedral and take their seats.

## Dignitaries' Procession

*Guests to be upstanding*

Jo Holmes FBDO  
*President, ABDO*

Ian Davies MCOptom DipCL FAOO  
*Master, The Worshipful Company  
of Spectacle Makers*

Daryl Newsome FBDO R CL SMC(Tech)  
*Vice President, ABDO*

Dr Alicia Thompson PhD BSc(Hons) FBDO R (Hons)  
SLD SMC (Tech)  
*Director of Professional Examinations, ABDO*

Sir Anthony Garrett CBE HonFBDO  
*General Secretary, ABDO*

Miranda Richardson BSc(Hons) FBDO  
*Assistant Director of Professional Examinations, ABDO*

Peter Reeve  
*Managing Director, Stepper*

Adam Sampson BA MSc (Oxon)  
*Chief Executive, Association of Optometrists*

James Conway  
*CEO, Millmead Optical Group*

Steven Beaty  
*Programme Manager, Rodenstock (UK) Ltd*

Andy Hepworth HonPhD BSc(Hons) FBDO  
*Professional Relations Manager, Essilor  
and Vice President OSA*

Rosemary Bailey FBDO (Hons) CL  
*Honorary guest*

Diba Choudhury MA BSc(Hons) Prof Cert Glauco  
*Professional Affairs Manager, UK & Ireland, Alcon*

Jenny Wiegold  
*HR Executive, Contamac*

Dean Dunning FBDO CL  
*Chief Examiner for Contact Lenses*

Dr Robert Cubbidge PhD MCOptom BSc(Hons)  
*Principal, ABDO College*

Jay Dermott FBDO  
*Senior Lecturer, City & Islington College*

Mark Chandler  
*Head of Examinations and Registration, ABDO*





# Conferral of Awards



## Welcome address by the ABDO President

The ABDO President, Jo Holmes, will give an opening address.

## Address by the Master of the Worshipful Company of Spectacle Makers

The Master of the Worshipful Company of Spectacle Makers, Ian Davies, will address the graduands and guests.

## Conferral of Awards

Mark Chandler, ABDO's Head of Examinations and Registration, will call the names of graduands present, who will go forward to the President in turn. The awards are conferred by ceremonial handshake.

*The following lists show details of the qualifications awarded by the Association during the past 12 months, from November 2019 to October 2020.*

## FBDO - Diploma in Ophthalmic Dispensing

Zyra Ahmed  
Amina Ahmed  
Oluwawemimo Ajala  
Aisha Akhtar  
Barzi Amin  
Penelope Ardley  
Joseph Atkins  
Steve Azirou  
Owen Bairstow  
Maria Bayley  
Negin Berenji  
Satvinderpal Bhogal  
Raymond Blackburn  
Isabel Booth  
Alexandra Botezatu  
Sophie Boulton  
Roxanne Bowers  
Hayley Bradshaw  
Amy Brown  
Ana Bufnila  
Teegan Bushby

Ryan Carroll  
Jayne Caslin  
Kieran Cavanagh  
Hazel Chapman  
Daniel Cheetham  
Jamie Cohen  
Christopher Colbeck  
Billy Deeming  
Aisling Doherty  
Bethany Edmonds  
Lisa Elliott  
Katie England  
Helen Evans  
Haider Farooq  
Carys Farrow  
Karla Fleming  
Laura France  
Samantha Frolich  
Giovanni Furlano  
Helen Gabriel  
Nethmi Gallage  
Adele Grant-Johnson

Lauren Greatrex  
Luke Griffiths  
Emma Grimes  
Zoe Haynes  
George Hills  
Emma Hilton  
Connor Hogg  
Megan Holmes  
Lenka Hunova  
Zahra Hussain  
Hazel Isles  
Komal Iqbal  
Sara Wyn Jones  
Amber Jones  
Sharan Kaur  
Mohammad Khan  
Maariya Khan  
Sheereen Khan  
Joanna Kulik  
Greg Lackie  
Rachel Landon

Elizabeth Lane  
Thomas Lawrence  
Amy Lawrenson  
Kylie Lees  
Amelia Lelek  
Amy Lincoln  
Dana Loiso  
Sophie Lovatt  
Manpreet Madhan  
Anisa Mahmood  
Zainub Makda  
Allana Martin  
Jake Mason  
Narinder Matharu  
Samantha Matos  
Marie McConnell  
Christopher McConnell  
James McLean  
Ezghiamin Melake  
Tasneem Member

# Conferral of Awards



Mary Michael  
Shaun Modi  
Zabeer Mohammed  
Cheryl Moor  
Vimal Nallappane  
Euan O'Neill  
Wendy Oswald  
Gurpreet Panesar  
Argiro Parathyra  
Hannah Parry  
Teodora Petkova  
Dhian Phillips  
Luke Plowman  
Ceri Ann Preston  
Emma Rae  
Sylwia Rasinska  
Ahsaan Razaq  
Karlee Reed

Ksenija Sadovikova  
Samanther Sarsfield  
Nidhuna Satheesan  
Sam Scott  
Raihaanah Shabir  
Nicola Sharman  
Sarah Sharpe  
Sarah Sheikh  
Kalgi Sheth  
Muriam Siddique  
Johanna Silversides  
Ferdous Siraj  
Debra Smith  
Daniel Smith  
Nurbanu Somani  
Aine Spellman  
Georgina Sprenger  
Alex Standing

Nicola Stanhope  
Mark Stein  
Luke Stevenson  
Hassan Syed  
Laura Taylor  
Lydia Taylor  
Clare Thornton  
Daniel Utting  
Karishma Vadher  
Alexandra Vincett  
Leanne Walsh  
Edward Williams  
Hanna Williams  
Emma Wood  
Thivya Yogan  
Natalia Young  
Zeyneb Yusein  
Yemisrach Zekarias

## **FBDO - Diploma in Ophthalmic Dispensing Overseas**

Kinga McCarthy  
John Roche

## **FBDO CL - Certificate in Contact Lens Practice**

Darren Alesbury  
Stephen Appleton  
Lisa Arnold  
Lucy Bell  
Annabel Bird  
Kelly Breen  
Trevor Burgess  
Sukhbir Chana  
Helen Cutts  
Lesley-Johann Deeming  
Gareth Friel  
Abigail Frobisher  
Adam Goriup  
Bhavna Gupta  
Victoria Holt  
Rachael Johnson-Ross

Nicholas Jones  
Mark Lavery  
Jennifer Martin  
Donna Munro  
Kinza Naseem  
Reema Nayar  
Meesha Patel  
Nikki Robinson  
Corinne Rudd  
Jennifer Stark  
Claudio Tarantino  
Bradley Walker  
Sylwia Warszawska  
Nicole Wiltshire

**FBDO CL (Hons) -  
Advanced Certificate  
in Contact Lens Practice**  
Lorraine O'Connor



# Awarding of Prizes



## **The Essilor Prize**

Awarded to Matthew Lewis for the highest mark in Units 1a and 1b Preliminary Qualifying Examination.

*Unfortunately Matthew Lewis is unable to attend the graduation ceremony.*

## **The Stepper Prize**

Awarded to Emily Cruise for the highest mark in Unit 2 Preliminary Qualifying Examination.

*Presented by Peter Reeve  
Managing Director, Stepper Eyewear*

## **The Association of Optometrists Prize**

Awarded to Billy Deeming for the highest mark in section A of the Final Qualifying Practical Examination.

*Presented by Adam Sampson  
Chief Executive, Association of Optometrists*

## **The Worshipful Company of Spectacle Makers Prize**

Awarded to Daniel Smith for the highest mark in section B of the Final Qualifying Practical Examination.

*Unfortunately Daniel Smith is unable to attend the graduation ceremony.*

## **The Millmead Optical Group Prize**

Awarded to Ryan Carroll for the highest aggregate mark in section C of the Final Qualifying Examination.

*Presented by James Conway  
CEO, Millmead Optical Group*

## **The Rodenstock Prize**

Awarded to Isabel Booth for the highest mark in section D of the Final Qualifying Practical Examination.

*Presented by Steven Beaty  
Programme Manager,  
Rodenstock (UK) Ltd*

## **The OSA Derek McLaren Memorial Prize**

Awarded to Isabel Booth for the highest UK student mark in the Final Qualifying Examination.

*Presented by Andy Hepworth  
Vice President, Optical Suppliers Association*

## **The British Contact Lens Association Prize**

Awarded to Simon Butterfield for the highest aggregate mark in the Theory Examination, Certificate in Contact Lens Practice.

*Unfortunately Simon Butterfield is unable to attend the graduation ceremony.*

## **The Bailey Prize**

Awarded to Trevor Burgess for the highest mark in the Certificate in Contact Lens Practice.

*Presented by Rosemary Bailey*

## **The Alcon Prize for Excellence**

Awarded to Abigail Frobisher for the best candidate in the Practical Examination, Certificate in Contact Lens Practice.

*Unfortunately Abigail Frobisher is unable to attend the graduation ceremony.*

## **The Association of Contact Lens Manufacturers Prize**

Awarded to Abigail Frobisher for the highest aggregate mark in sections 2, 3 & 4 of the Practical Examination, Certificate in Contact Lens Practice.

*Unfortunately Abigail Frobisher is unable to attend the graduation ceremony.*

## **The Contamac Prize**

Awarded to Letitia McLaughlan as the best student on the contact lens distance learning course.

*Unfortunately Letitia McLaughlan is unable to attend the graduation ceremony.*



# Acknowledgements

## Ceremony Project Manager

Deanne Gray *HonFBDO*

## Ceremony Project Team

Jane Burnand

Mark Chandler

Dr Antonia Chitty PhD MCOptom MCIPR MPRCA

Deanne Gray *HonFBDO*

Stephen Hertz FBDO

Duncan Taylor-Jones

## Procession Marshal

Ed Fox FBDO

*Membership Officer, ABDO*

## Ceremony Announcements

Dr Antonia Chitty PhD MCOptom MCIPR MPRCA

*ABDO Head of Communications and IT*

## Ceremony administration, stewards and ushers

Rachel Blazyca-White

Sarah Curtis

Katie Docker

Emma Hastings

Sheila Phillips

Linda Pogson

Claire Raffill

Sheila Taylor

Mark Turner FBDO

## Special acknowledgements

ABDO extends a special thank you to the following for their valued assistance:

Emma Clarke

*Events Manager, Canterbury Cathedral*

Christopher Crooks

*Vesturer (Head Verger)*

*Canterbury Cathedral*

The Conference and Events Team

*Canterbury Cathedral Lodge and International Study Centre*

St John's Ambulance

The Cathedral's organist

ABDO Examinations Department for its commitment to the whole examinations process as well as their contribution to the organisation of this event.

## Photography

Ede & Ravenscroft

Jon Wood





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**Association of British Dispensing Opticians**