



AS A LOC, YOU CAN MAKE IT EASIER FOR LOCAL PRACTICES TO WORK TOWARDS BECOMING SUSTAINABLE

Here are 5 ideas to help you make a start

1. *Appoint a sustainability champion*
2. *Identify sustainability challenges for your area*
3. *Ask practices to do the sustainability self-assessment*
4. *Consider sustainability when commissioning services*
5. *Pick a focus for your area - carbon footprinting, travel, energy and water, procurement or waste?*



Use a carbon footprinting workbook
Take a carbon footprinting course
Talk to a carbon footprinting consultant
Take a staff and patient travel survey
Hold a car-free day
Encourage car sharing
Have a 'switch off' campaign
Encourage smart meters
Check for leaks
Move to paperless practices
Cut back on packaging
Ask suppliers how green they are
Carry out a waste audit
Set up a local scheme to collect spectacles, dummy lenses and contact lenses
Combine forces on recycling

Explore ABDO's SEE hub for
more ideas on sustainability

