

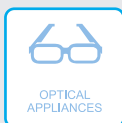
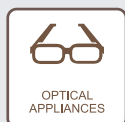
COMPETENCIES COVERED

DISPENSING OPTICIANS

Optical Appliances, Refractive Management, Ocular Abnormalities, Paediatric Dispensing

OPTOMETRISTS

Optical Appliances, Ocular Disease, Binocular Vision



This visual recognition test (VRT) has been approved for one CET point by the GOC. It is open to all FBDO members, and associate member optometrists. The multiple-choice questions (MCQs) for this month's CET are available online only, to comply with the GOC's Good Practice Guidance for this type of CET. Insert your answers to the six MCQs online at www.abdo.org.uk. After member log-in, go to the secure membership portal and CET Online will be found on the L menu. **The MCQs are NOT presented in random order.** Please ensure that your email address and GOC number are up-to-date. The pass mark is 60 per cent. The answers will appear in the October 2020 issue of *Dispensing Optics*. The closing date is 12 September 2020.



C-75218 Approved for 1 CET Point

Paediatric care, dispensing and management

by **Joanne Abbott** BSc (Hons) FBDO SMC (Tech)



PICTURE 1

This visual recognition test (VRT) highlights one of the core activities of everyday practice: providing a clinical and dispensing service for children. The test must be completed online, where there will be an opportunity to enlarge the pictures for closer study if required.

If you would like more information to help you successfully complete this VRT, here are some references:

Picture 1: An internet search engine will produce a choice of options for revision of the cover test.

Picture 2: Keirl A. *Essential course in dispensing - part 17*. 2014. Available at: www.opticianonline.net/cet-archive/49 (Accessed 2 April 2020)

Picture 3: Gowing J. *Paediatric Dispensing*. 2018. Available from: <https://www.opticianonline.net/cet-archive/5048> (Accessed 2 April 2020)

Picture 4: Walsh G. *Introduction to Binocular Vision Pt 2*. 2008. Available from:

www.abdocet.org.uk/CET76.pdf (Accessed 5 April 2020)

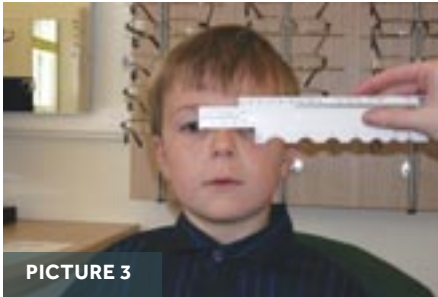
Picture 5: Healthline. *Is This Rash Contagious? Symptoms, Treatment, and More*. 2018. Available from:



PICTURE 2

PLAN YOUR CET TODAY

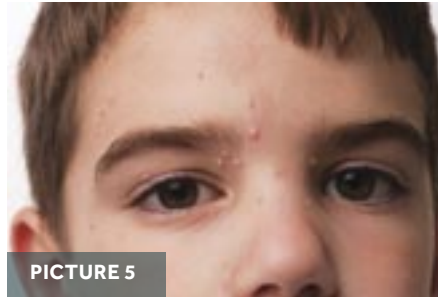
For all the latest CET available from ABDO visit the Events section of the ABDO website. Here you will be able to see the latest online interactive CET sessions available for booking. Online sessions include peer discussions groups, a great way to learn in a small group of your peers. Both dispensing and contact lens practitioner specific sessions are available, all being approved for three CET points. New sessions will be added regularly. Additionally, we continue to host our monthly CET webinar series featuring a range of topics and speakers. Each CET webinar will be approved for one interactive CET point.



PICTURE 3

www.healthline.com/health/contagious-skin-rashes#in-children
(Accessed 2 April 2020)

Picture 6: BMJ. BMJ Best Practice: *Assessment of Red Eye – Diagnosis* (2018)



PICTURE 5

Available at: <https://bestpractice.bmj.com/topics/en-gb/496/differentials>
(Accessed 2 April 2020)

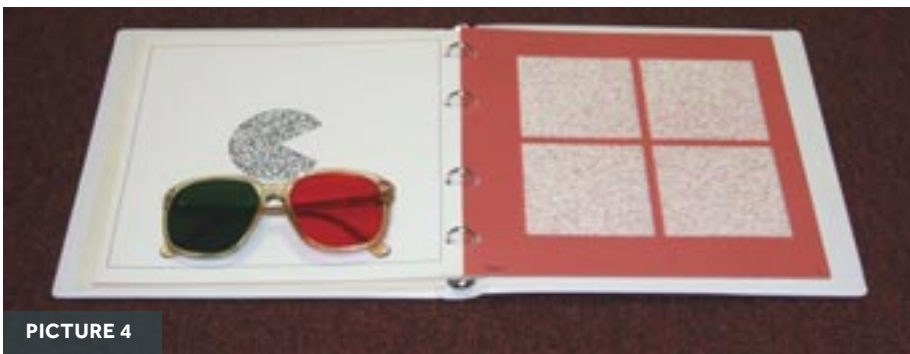
When making use of make use of search engines try to find resources from reliable



PICTURE 6

websites. There is good information on the internet, but you will also find opinions, misconceptions and inaccurate information.

Picture 3 courtesy of Andrew Kierl.



PICTURE 4

JOANNE ABBOTT is a dispensing optician with more than 25 years' experience in the optical industry. She is passionate about maintaining a high standard for dispensing opticians and driving the future of the profession through contemporary professional development. Joanne is the ABDO regional CET coordinator and is currently undertaking a professional doctorate in healthcare education with the University of Essex.