

DISPENSING OPTICS

Low Vision Corner Series Useful links and resources

Visualise Training and Consultancy

visualisetrainingandconsultancy.com – download the Seeing Beyond the Eyes resource pack, which contains lots of useful information and can be personalised to your area.

RNIB

www.rnib.org.uk – support, information and resources for people with a visual impairment.

www.rnib.org.uk/sightline-directory – a searchable database of services and organisations that help visually impaired people.

www.rnib.org.uk/living-with-sight-loss/resource-guides-from-rnib - printable patient information leaflets.

www.rnib.org.uk/living-with-sight-loss/independent-living/practical-adaptations – a guide to lighting and contrast around the home.

The Macular Society

www.macularsociety.org – information and support is available for people with conditions affecting the macula.

www.macularsociety.org/professionals/professional-resources – printable patient information leaflets.

Diabetes UK

www.diabetes.org.uk – support and advice for people with diabetes, including advice on eye health.

Glaucoma UK

<https://glaucoma.uk> – support and information for people with glaucoma or ocular hypertension.

Retina UK

<https://retinauk.org.uk> – information and support for people affected by inherited progressive sight loss.

The Thomas Pocklington Trust

www.pocklington-trust.org.uk – guides and advice on eye conditions, independent living, assistive technology.

Blind Veterans UK

www.blindveterans.org.uk – helps ex-service men and women experiencing sight loss. Services include rehabilitation and training, independent living skills, clubs and societies, sports and creative activities.

Look UK

www.look-uk.org – provides practical help and advice to visually impaired young people, their families and carers.

Blind Parents UK

www.blindparents.uk – supports all visually impaired parents, UK-wide through both online forums and one-to-one support.

TripleTapTech

<https://tripletaptech.org> – advice, help, support and training for people with sight loss on using and accessing technology.

Henshaws

www.henshaws.org.uk/hints-and-tips-category/technology – a round-up of some of the apps that are currently available.

Suppliers

- [RNIB: https://shop.rnib.org.uk/2023-rnib-everyday-living-solutions-product-catalogue-print-80108](https://shop.rnib.org.uk/2023-rnib-everyday-living-solutions-product-catalogue-print-80108)
- [Vision Aid: https://www.visionaid.co.uk/low-vision](https://www.visionaid.co.uk/low-vision)
- [Associated Optical: www.associatedoptical.com](http://www.associatedoptical.com)
- [Coil: www.coil.co.uk](http://www.coil.co.uk)
- [Optelec: https://lowvisionshop.co.uk](https://lowvisionshop.co.uk)
- [Sight and Sound: www.sightandsound.co.uk](http://www.sightandsound.co.uk)

Further reading (available from the ABDO College Bookshop)

- [Eye Essentials: Low Vision Assessment by Jane Macnaughton](#)
- [Management and Practice of Low Visual Acuity by AT Dowie](#)