



2025 Graduation and Prize Giving Ceremony

Canterbury Cathedral, Tuesday 20 May 2025

Welcome to our very special occasion



**elcome to Canterbury
Cathedral and the 2025
Association of British**

**Dispensing Opticians Graduation
and Prize Giving Ceremony. This
magnificent Cathedral is alive with
history; from its origins as a small
church built by St Augustine in the
6th century, through 1,400 years of
development and change into the
beautiful building which surrounds us
today. It is the perfect setting for this
important event and I look forward to
the pleasure of conferring graduate
status upon our new colleagues.**

**Graduating in such splendid
surroundings is a special privilege and
I am very pleased to see that we have
so many to honour here today.**

The following pages contain the list of
graduands upon whom the Fellowship
of the Association of British Dispensing

Opticians will be conferred, and also
the names of those due to receive
higher honours and special prizes.

The act of graduation follows a time
honoured tradition. The graduands
approach the dais one by one to be
congratulated and receive the
ceremonial handshake. This official
handshake is the key to graduation,
because at that moment our
graduands become graduates and
stand on equal terms with their
colleagues within their chosen
profession of dispensing optics.

Our graduands have worked long and
hard towards this day and I am sure
that their families and friends are very
proud of the achievements which we
are celebrating. I should like to add
my personal congratulations on their
successes and I hope that everyone will
remember this very special occasion
for many years to come.

Kevin Gutsell FBDO (Hons) SLD

*President, Association of
British Dispensing Opticians*



Doors to the Cathedral will open
at 1.30pm and the ceremony will
commence at 2.00pm

About the Association



The Association of British Dispensing Opticians (ABDO) was formed in 1986 when the Association of Dispensing Opticians and the Faculty of Dispensing Opticians, were merged following the Health and Social Security Act of 1984. The profession of dispensing opticians has been regulated voluntarily since 1926 and, as a statutory profession, by the 1958 Opticians Act; since when the conduct of dispensing opticians has been regulated partly by legal provisions, by advice given by the General Optical Council and by ABDO's own Advice & Guidelines to Fellows.

ABDO is the only professional body solely dedicated to the interests of dispensing opticians, both individually and collectively, and to the profession of dispensing optics. Since it was founded the total number of members has more than doubled. ABDO has also grown internationally and now has members and conducts its activities in over 25 other countries outside the UK.

ABDO currently has over 8,000 members and represents over 6,000 qualified dispensing opticians in the UK. It also has approximately 1,300 student members worldwide.



ABDO's purpose

ABDO's purpose is to support and represent its members, to promote awareness of their roles, to enable their professional development and to advance the profession as a whole.

ABDO's vision

ABDO's vision is that by 2026 it will have:

- Provided more opportunities for members to develop their roles
- Implemented the GOC's new education standards and outcomes
- Supported members by providing continuing professional development, including qualifications and accreditations
- Increased the understanding and recognition of members' roles
- Developed the profession's evidence base
- Improved member services, products and benefits
- Improved how it communicates and collaborates
- Ensured the organisation is sustainable

ABDO's values

The following values will support ABDO's work on behalf of members:

- We are passionately committed to our members, who are at the heart of everything we do.
- We maintain high standards for our members and our own work.

- We are proactive in adapting to changing circumstances.
- We are driven by a sense of common purpose.
- We respect each other and our different areas of expertise.
- We work collaboratively with our colleagues and other organisations.
- We are open and transparent about our work.
- We strive to continuously improve what we do and how we work together.

ABDO is the professional body for dispensing opticians in the UK and some of its core activities include:

- Political and legislative lobbying for the rights and status of dispensing opticians.
- Providing professional advice and guidelines.
- Setting the syllabus for all ophthalmic dispensing examinations.
- Acting as an awarding body for ophthalmic dispensing qualifications.
- Conducting examinations and providing trained examiners.
- Providing extensive CPD.
- Encouraging lifelong learning and the provision of higher/honours qualifications.
- Providing a comprehensive range of membership benefits.
- Working proactively with other optical bodies.

A short history of Canterbury Cathedral

Canterbury Cathedral is alive with history and fascinating stories. The information below provides a brief insight into this magnificent building.

St Augustine, the first Archbishop of Canterbury, arrived on the coast of Kent as a missionary to England in 597 AD. He came from Rome, sent by Pope Gregory the Great. Augustine was given a church at Canterbury (St Martin's, after St Martin of Tours, still standing today) by the local King, Ethelbert whose Queen, Bertha, a French Princess, was already a Christian. This building had been a place of worship during the Roman occupation of Britain and is the oldest church in England still in use. Augustine established his seat within the Roman city walls (the Latin word for a seat is *cathedra*, from which the word cathedral is derived) and built the first cathedral there, becoming the first Archbishop of Canterbury. Since that time, there has been a community around the Cathedral offering daily prayer to God; this community is arguably the oldest organisation in the English speaking world. The Rt Revd Dr Justin Welby, is 105th in the line of succession from Augustine. Augustine's original building lies beneath the floor of the nave – it was extensively rebuilt and enlarged by the Saxons, and the Cathedral was rebuilt completely by the Normans in 1070

following a major fire. There have been many additions to the building over the last nine hundred years, but parts of the quire and some of the windows and their stained glass date from the 12th century.

The best known event in the Cathedral's history is the murder of Archbishop Thomas Becket in 1170. Canterbury, always on the medieval pilgrim route to Rome, became an end in itself, as thousands came to worship at Becket's tomb, especially after his canonisation in 1173. Geoffrey Chaucer's pilgrims in his poem, *The Canterbury Tales*, were by no means unique. They represented the hundreds of thousands who travelled to the Cathedral to pray, repent or be healed at his shrine. (The word *canter* comes from the pace of the pilgrims' horses as they rode to the Cathedral.) The tradition of pilgrimage is very much alive today, although the journey is now faster and considerably more comfortable. Thomas' shrine was destroyed in 1538 on the orders of King Henry VIII; today, a simple candle marks the place where it once stood and the pink stone before it bears the imprint of thousands of pilgrims' knees. When Becket was made Archbishop of Canterbury by King Henry II in 1162, he changed his total allegiance from the King to the Pope and the Church. Henry had expected his full support, and there were many conflicts between them, the final



one being Thomas' excommunication of the Archbishop of York and the Bishops of London and Salisbury for their support for Henry's attacks on the rights of Thomas as Archbishop. Not only had the King's agents used Thomas' property while he was in exile in France but, in the summer of 1170, King Henry had his son crowned as his heir by these and other Bishops, usurping a long standing right of the Archbishop of Canterbury.

Four knights overheard the King's rage and took seriously his shout of "Who will rid me of this meddlesome priest?" On 29 December 1170 they entered the Archbishop's lodgings from Palace Street; the monks persuaded Thomas to enter the Cathedral from his Palace through the Cloisters and into the North West Transept. Vespers was in progress when the knights burst in, and found Thomas kneeling at the altar.

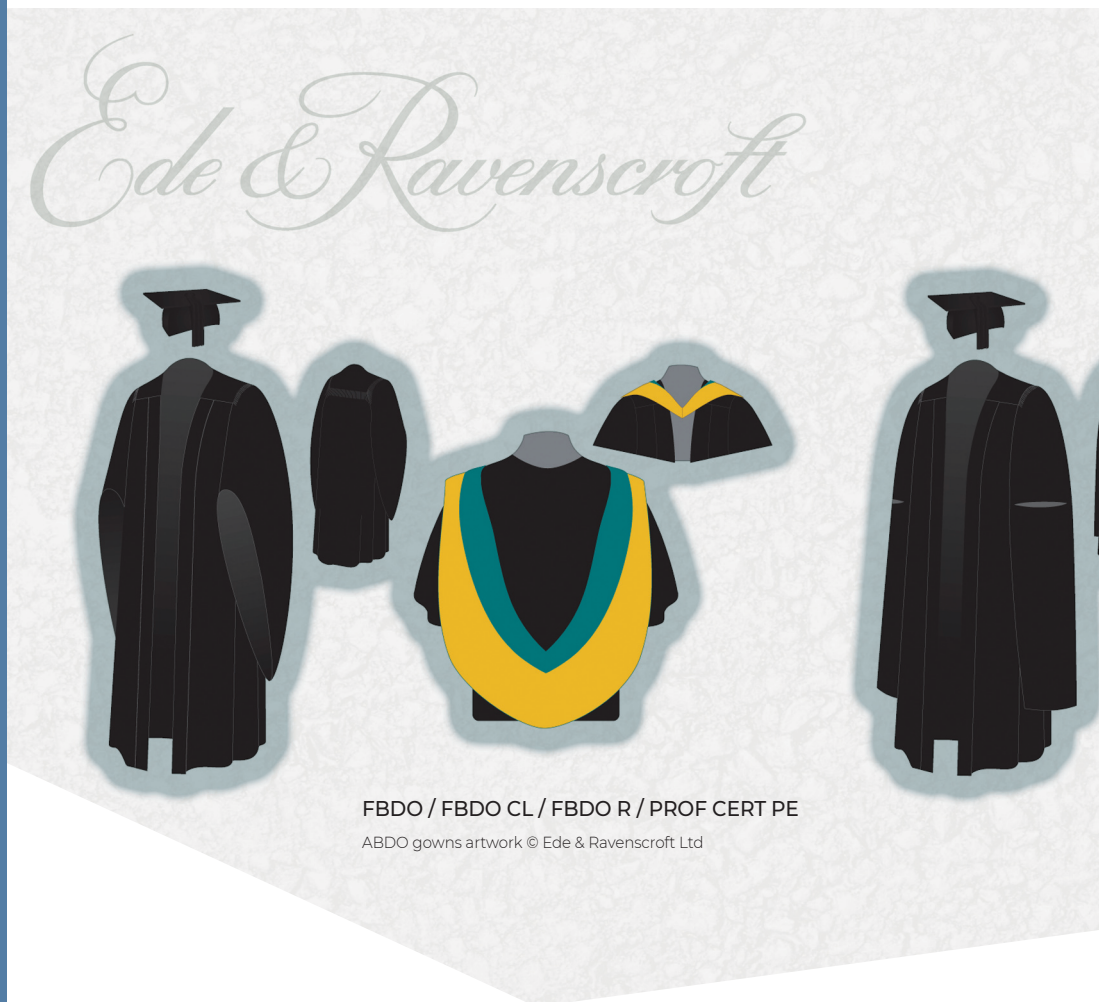
According to Edward Grim, a monk who watched the murder, Thomas refused to absolve the Bishops and told the knights that "for the name of Jesus and the protection of the Church, I am ready to embrace death." The knights wielded their

weapons and administered three mighty blows, the last one breaking off the tip of a sword. Three days after his death, there began a series of miracles attached to his martyrdom. These are depicted in the miracle windows of the Trinity Chapel. In 1173, Becket was canonised by Pope Alexander III. Pilgrims began to flock to Thomas' shrine in the Cathedral; a year later Henry, in sackcloth, walking barefoot, was among them.

During the Civil War of the 1640s, the Cathedral suffered damage at the hands of the Puritans; much of the medieval stained glass was smashed and horses were stabled in the nave. After the Restoration in 1660, several years were spent in repairing the building. In the early 19th century, the North West tower was found to be dangerous. It was demolished in the early 1830s and replaced by a copy of the South West tower, thus giving a symmetrical appearance to the west end of the Cathedral.

ABDO has been privileged and proud to be able to use the Cathedral as a venue for the Association's annual graduation and prize giving ceremony since 2004.

Academic dress





abdo



FBDO (Hons) CL / FBDO (Hons) LVA /
FBDO (Hons) SLD / HonFBDO

Working with robe makers Ede & Ravenscroft, thought to be the oldest firm of tailors in the world, ABDO commissioned new academic dress for its Fellows in 2012. Designed by fully acknowledging the traditional origination process, the colourful green and gold hoods are derived from the core colours of the Association crest.

The basic item of academic dress is the gown which has evolved over the centuries from clergy robes. The ABDO gowns are plain black and open fronted and there are two styles, one for those who hold the FBDO, FBDO CL, FBDO R, PROF CERT PE qualifications and one for those who have acquired FBDO (Hons) CL, FBDO (Hons) LVA, FBDO (Hons) SLD honours qualifications and Honorary Fellows, *HonFBDO*. There are also two different versions of the ABDO hood, the honours hood being faced with green (25mm) on the cape edge.

The headwear for ABDO qualifications is the mortar board.

Order of proceedings

11.00am to 1.15pm: Registration

Upon arrival at the Cathedral all graduands should report immediately for registration in the Clagett Auditorium reception area so that gowns and tickets can be collected from Ede & Ravenscroft staff within the Clagett Auditorium. Guests are not allowed to enter the Clagett Auditorium so graduands should arrange to meet their guests in another area of the Cathedral precincts after they have registered. If access or seating for the disabled is required please make this known at the time of registration.

11.00am to 1.00pm: Official photography will be conducted by Ede & Ravenscroft in the International Study Centre. **1.30 pm: All graduands must be assembled as advised on the day. The official graduands' group photography and procession briefing will take place.**

1.30pm: The main Cathedral doors will open for guests to take their seats.

Photographs may be taken during the ceremony. Please be mindful of those sitting behind you and remain seated whilst taking them. No recording is permitted. If you have a mobile phone, please ensure that it is switched to silent for the duration of the ceremony

Guests are requested to take their seats as directed before the entry of the graduands; they should remain seated whilst the graduands enter and stand only when the Dignitaries' Procession begins.

Preceded by the Procession Marshal, Ed Fox, the graduands will enter the Cathedral. (As the students enter they are called 'graduands', since it is not until their award has been conferred that they become 'graduates'.) The graduands will take their seats before the start of the ceremony, which is heralded by the entry of the Dignitaries' Procession.

There will be a brief introduction by Mark Chandler, ABDO's Head of Examinations, followed by a welcome address by Kevin Gutsell, the ABDO President and an address by Michael Harris, Master of the Worshipful Company of Spectacle Makers, after which the conferral of awards and prizes will commence.

The exit of the final Dignitaries' Procession marks the end of the ceremony. Graduates and guests are asked to remain standing until the Dignitaries' Procession has left the Cathedral.

At the end of the ceremony graduates and their guests are kindly requested to vacate the Cathedral as soon as possible.

Entrance of graduands and processions



Graduands' Procession

Guests to remain seated

Procession Marshal

Ed Fox FBDO
Head of Membership Services, ABDO

Following the Procession Marshal, the graduands will enter the Cathedral and take their seats.

Dignitaries' Procession

Guests to be upstanding

Kevin Gutsell FBDO (Hons) SLD
President, Association of British Dispensing Opticians

Michael Harris BSc (Hons) FCOptom
Master, The Worshipful Company of Spectacle Makers

Christopher Tai Foo Siang O.D. CEU Philippines
President, Malaysian Association of Practising Opticians (MAPO)

Brenda Rennie FBDO
Vice President, ABDO

Alistair Bridge MA, MA(Cantab.)
Chief Executive, ABDO

Miranda Richardson BSc(Hons) FBDO
Professional Qualifications Director, ABDO

Lynette Lewis BSc(Hons) FBDO
Regional Medical Science Liaison, Midlands, EssilorLuxottica

Peter Reeve
Managing Director, Stepper Eyewear

Nizz Sabir MCOptom
Council Member, Association of Optometrists

James Conway
Chief Executive Officer, Millmead Optical Group

Sarah Farrant BSC MCOptom DipTP(IP) DipTP(AS) FBCLA
President, British Contact Lens Association

Rosemary Bailey FBDO (Hons) CL
Honorary Guest, The Bailey Prize

Neelam Patel BSc (Hons) MCOptom
Professional Affairs Consultant, Johnson & Johnson Medtech Vision

Richard Smith
Chairman, Association of Contact Lens Manufacturers

Bethany Ellis
Marketing Manager, Contamac

Nina McDermott BA (hons) MA PG Dip
Principal, ABDO College

Ashley Robinson FBDO PGCE
Lecturer in Applied Optics, City College Group

Rupal Lovell-Patel FCOptom PFHEA FAOO FEAOO
Associate Dean for Students and Teaching, School of Medicine and Dentistry, UCLAN

Dean Dunning MEd PGDip Ed BA (Hons) FBDO CL Cert
Ed FBCLA FIACLE
Head of Qualifications, ABDO

Mark Chandler
Head of Examinations, ABDO

Conferral of Awards

Welcome address by the ABDO President

The ABDO President, Kevin Gutsell, will give an opening address.

Address by the Master of the Worshipful Company of Spectacle Makers

The Master of the Worshipful Company of Spectacle Makers, Michael Harris, will address the graduands and guests.

Conferral of Awards

Mark Chandler, ABDO's Head of Examinations, will call the names of graduands present, who will go forward to the Professional Qualifications Director, Miranda Richardson in turn. The awards are conferred by ceremonial handshake.

The following lists show details of the qualifications awarded by the Association.

FBDO - Diploma in Ophthalmic Dispensing

Fahima Adam
Shelby Agger
Robert Aird
Shahreen Akhtar
Ibrahim Al-Haque
Aiysha Ali
George Allen
Kirstie Allmond
Renai Andrews
Harley Andrews
Cai Ap Ieuan
Alexandra Armitage
Hannah Arnold
Asma Asad
Ben Asgari
Christian Aston
Mayadeeo Bahra
Taylor Baker
Thiruparan Balakrishnan
Lucy Bareham
Alexander Barfield
Alessandro Barra
Elizabeth Barton
Hibah Bashir
Emma Bates

Jenny Beattie
Jonathan Beer
Matthew Beetenon
Mehnaz Begum
Kashav Bhanot
Abigail Bhatti
(nee Lamond)
Amrit Kaur Bhogal
Thomas Bird
Samuel Blick
Rebecca Blow
Rachel Boler
Jekaterina Bondarenko
Sarah Boniface
Sean Borland
Jessica-Lyn Bownes
Keziah Brass
Emily Brearley-Booth
Charlotte Broks
Laura Browne
Ffion Bullock
Chloe Bunting
Jake Burton
Jill Butler
Hayley Campbell
Rebecca Canvin
Karen Carle



Fabio Carmo
Emelye
Castledine-Pearce

Sarah Chapman
Matthew Chuter
Imogen Clargo
Rebecca Clarke
Tianah Clarke-Guy
Jessica Lee Collier
Christopher Cook

Emma Coombs
Beverley Cooper

Emma Cox
Emma Craig
Elinor Creighton
Micaela Croucher

Oana-Madalina Cucu
Razvan-Vasile Cucuruzan

Marisa Cuffaro
Erin Curran

Maariyah Dalal
Abigail Davies

Connie Davies
Connor Davis
Everton De Ponce
Nadia Dewan
Mandeep Dhillon

Abigail Dickson
Alison Dilley
Annie Dixon
Gemma Dormer
Ian Dove
Robyn Duncumb
Thomas Edwards
Dakshina Elapatha
Madeline Elliott

Mollie Ellis
Charlotte Evans
Saima Faiz
Jabbar Fazal

Ella Fidler
Toby Fisher
Natalie Fleet

Claudia Fluester
Gemma Friel
Carolyn Geeson

Sandi Getty
Christina Gibbons
Lauren Glazer

Lucy Goodwin
Toby Graham
Jordan Green
Thomas Green
Amy Griffiths

Garry Grubb
Kelsey Gudgeon
Charlotte Gumsley
Adam Hale
Bethany Hall
Gabrielle Hall
Richard Hammerton
Scott Hanlon
Lacey Hanson

Connor Harper
Samantha Harrison
Emma Hawkins
Jeanna Hilton

Lewis Hodges
Megan Horsefield
Ellie Horton

Nicola Hurford
Aisha Hussain
Bethany Hutson

Lucy Hutton
Ardit Imeraj
Mahmuda Islam

Jelena Jelic
Katherine Jerome
Madeleine Johnson
Rachel Jones
Samuel Jones

Conferral of Awards

Stuart Jones	Magdalena Mazur	Zainab Patel
Zainab Kabir	Stephen McClay	Natalie Patnell
Zakiyah Kahaniya	Kirsty McKay	Callie Pepper
Kristian Kałęka	Louise McKeague	Oliver Pettett
Sasha Karimi-Taheri	Felicity Meeke	Chloe Plowman
Zulfran Khan	Erika Mellor	Mihaela Popescu
Mahum Khan	Mohammed Memon	Roisin Power
Simra Khan	Rachael Merrilees	Nicholas Preen
Farhana Khanom	Krina Mistry	Olivia Rach
Lewis Kitchen	Lewis Mitchell	Mia Rama
Polly Knight	Andrada Molete	Saba Rasheed
Douglas Lambie	Emily Morris (nee Tomkinson)	Aisha Rauf
Christine Lau	Hasan Munir	Iestyn Rees
Joseph Le Masurier	Malaika Muzaffar	Marcus Regan
Jordan Lee	Tejal Navsaria	Chloe Reid
Niamh Leigh	Tejal Naylor	James Reynolds
Barbara Listowska	Anthony Neale	Daniel Rigby
Samantha Lovell	Samantha Newlove	Harjosh Robson Seehra
Andrew Lowry	Shona Nicolson	Elizabeth Rose
Stephanie Machin	James Noon	Damien Rose
Maria Malone	Danielle Nunn	Amy Rowell
Jasmeet Mann	Priti Panchal	Katie Rowley
Lee-Ann Marchant	Hazel Parkyn	Tejal Saini
Katharine Martin	Phoebe Patch	Antonia Sanderson
Michelle Martin-Williams	Mili Patel	Tomas Schroeder
Katherine Matthews	Fizzah Patel	Kieran Scott
Megan Matthews		Danillo Severino Alves



Tamir Shahwan
 Thomas Shirley
 Fathema Siddika
 Geeta Singh
 Nita Sisodiya
 Fern Skelton
 Weronika Skrzat
 Olivia Slatford
 Sara Smallwood
 Alison Smith
 Nurbanu Somani
 Amarawike Sonubi
 Jennifer Stopps
 Arthur-John
 Studley-Cooper
 Sameera Suleman
 Cowiska Sundaralingam
 Dominic Taylor
 Megan Taylor
 Jayde Taylor
 Petruta Ticu
 Georgia Tinnion
 Teodora Trifonova
 Paige Upton
 Sasha Vanderputte
 Peter-John Veen
 Katie Ward

Zoe Ward
 Kieran Ward
 Kimberley Warford
 Olivia Watson
 Amy Wealleans
 Alisha Wharton
 Ben White
 Lovisa White
 Chloe Wight
 Nicole Wilkinson
 Robyn Williams
 Matthew Williams
 Jennie Williams
 Louise Wilson
 Hannah Wood
 Claudia Wood
 Deanna Wood
 Dawn Wray
 Wenqi Xie
 Klaudia Ziemnicka

FBDO CL - Certificate in Contact Lens Practice

Gavin Andrew
 Inna Arnold
 Elizabeth Bartlam
 Freddie Bond
 Arron Brown
 Charlotte Brown
 Kelly Brunton
 Simon Butterfield
 Layla Cassidy
 Jeffrey Castle
 Christopher Colbeck
 Jack Collins
 Robin Cooper
 Stacey-Louise Corcoran
 Julia Corrigan
 Roger Dack
 Ashley Davies
 Shaun Dinsdale
 Jenny Dogan
 Emma Dudley
 Megan Gibb
 Rebecca Goulton
 Hope Gowdrige
 Rebecca Groves
 Nahida Haque

Conferral of Awards

Peter Harden
Christopher Hopkins
Pepper

Rhian Hudson
Sara James-Zomorrodian
Sanah Jan
Natasha Johnson
Dawn Jones
Hayley Jones
Jessica Kelsey
Jennifer Kerfoot
Kirsten Mason
Mark Neale
Joseph Nelson
Marc Nicol
Heather Nye
Heather Nye
Matilda Oldham
Gurpreet Panesar
Amy Parker
Alisha Patel
Wilma Paton
Sarah Pencott
Krishna Pindoria-Hirani
Shivani Pitts
Asvina Ranjan
Thomas Richardson

Esra Salman
James Smith
Mica Smithson
Steven Stewart
Lydia Taylor
Petruta Ticu
Catherine Tilley
Simona Tirelli
Joseph Townsend
Kevin Uren
Susanna Vass
Gabriel Vaz Duque
Anne-Marie Waldorf
Helen Whatley
Cara Williams-Gamble
Steveland Wills Surridge
Jessica Yates

FBDO - Diploma in Ophthalmic Dispensing Overseas

Elizabeth Boston
Eve Groves
Katie Pollard
Li Yik Chan
Li Ting Chong
Gary Chung Liang Chan
Chia Ching Kon
Ei Leen Kong
Yvonne Pei Feng Kho
Chan Chung Phing



Prof Cert PE

Nicola Dacre

Amanda Fethney

Alison Green

Cheryl Hill

Anna-Marie McVeigh

Joanne Newsome

Mitchel Reuben

Alicia Thompson

Shawn Warren-Willcox

Jane Wilson

James Wogin

*Special awards presented by
Kevin Gutsell, ABDO president*

Life Membership

Fiona Anderson SMC (Tech) BSc (Hons) FBDO R

Michael Cody FBDO CL

Clive Marchant FBDO

Medal of Excellence

Sheila Purser FADO FFDO

Honorary Fellowship

Edward Mallen PhD MCQOptom FHEA

Peter Reeve

Awarding of Prizes

The Essilor Prize

Awarded to Lydia Pateman, for the highest combined mark in units 1 and 2 of the Preliminary Qualifying Examination.

Presented by Lynette Lewis

*Regional Medical Science Liaison, Midlands,
EssilorLuxottica*

The Stepper Prize

Awarded to Patrick Smith, for the highest mark in unit 4 of the Preliminary Qualifying Practical Examination.

Unfortunately Patrick is unable to attend the graduation ceremony.

The Association of Optometrists Prize

Awarded to Jessica-Lyn Bownes and Oliver Pettett, for the highest mark in section A of the Final Qualifying Practical Examination.

Presented by Nizz Sabir

*Council Member,
Association of Optometrists*

The Worshipful Company of Spectacle Makers Prize

Awarded to Mihaela Popescu, for the highest mark in section B of the Final Qualifying Practical Examination.

Presented by Mike Harris

*Master, The Worshipful Company
of Spectacle Makers*

The Millmead Optical Group Prize

Awarded to Razvan-Vasile Cucuruzan and Amy Wealleans, for the highest mark in section C of the Final Qualifying Practical Examination.

Presented by James Conway

CEO, Millmead Optical Group

The Rodenstock Prize

Awarded to Samuel Blick, for the highest mark in section D of the practical Final Qualifying Examination.

Presented by Miranda Richardson

*Professional Qualifications Director,
ABDO on behalf of Rodenstock (UK) Ltd.*



The OSA Award for Excellence

Awarded to Razvan-Vasile Cucuruzan, for the highest UK student mark in the Final Qualifying Examination.

***Presented by James Conway**
on behalf of the Optical Suppliers
Association*

The British Contact Lens Association Prize

Awarded to Kirsten Mason, for the highest aggregate mark in the theory examination, Certificate in Contact Lens Practice.

***Presented by Sarah Farrant**
President, British Contact Lens Association*

The Bailey Prize

Awarded to Kirsten Mason, for the highest mark in the Certificate in Contact Lens Practice.

Presented by Rosemary Bailey

The Johnson & Johnson Prize

Awarded to Kirsten Mason, for the best candidate in the practical examination, Certificate in Contact Lens Practice.

***Presented by Neelam Patel**
Professional Affairs Consultant,
Johnson & Johnson Medtech Vision*

The Association of Contact Lens Manufacturers Prize

Awarded to Kirsten Mason, for the highest mark in sections 2, 3, and 4 of the practical examination, Certificate in Contact Lens Practice.

***Presented by Richard Smith**
Chairman, Association of Contact Lens
Manufacturers*

The Contamac Prize

Awarded to Matilda Oldham, as the best student on the Contact Lens Distance Learning Course.

***Presented by Bethany Ellis**
Marketing Manager, Contamac*

The MAPO Malaysian Prize

Awarded to Hong Keong Poon, for the highest Malaysian student mark in the dispensing Final Qualifying Examination.

***Presented by**
Christopher Tai Foo Siang
President, Malaysian Association of
Practising Opticians (MAPO)*



abdo

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Association of British Dispensing Opticians