

2026 ABDO Examinations Calendar – Important Events/Dates



Dispensing & Contact Lens

*Disp includes both 2015 & 2023 syllabus, unless specified

*CL includes both 2019 & 2024 syllabus, unless specified

Month	Date	Syllabus	Event
January	06-16	Disp*/CL*	Winter 2025 Practical Exams
	05	2023	Winter 2025 Dispensing Theory Exams
	06	2023	Unit 6 – Advanced Theory of Ophthalmic Lenses – AM
	07	2023	Unit 2 – Theory of Ophthalmic Lenses – AM
	09	2023	Unit 13 – The Principles of Contact Lens Wear – AM
	09	2023	Unit 7 – Standards of Practice – AM
	13	2023	Unit 5 – Theory of Ophthalmic Dispensing – PM
	15	2023	Unit 8 – Ocular Anatomy & Pathology – AM
	31	2023	Final date for Stage 3 PQP Submission
February	01 16	Disp*/CL* Disp*/CL*	Summer 2026 Exam Bookings OPEN online Release of all Winter 2025 Exam Results
March	01	Disp*/CL* 2015 Disp	Summer 2026 Exam Bookings CLOSE Summer 2026 – PQP Submission Deadline for Unit 12
April			No events
May	12		ABDO Graduation Ceremony
		Disp*	S2026 Theory Exams
	26	2015	Unit 11 – Basic Principles of Contact Lens Wear (PM)
	26	2023	Unit 13 – Principles of Contact Lens Wear (AM)
	29	2023	Unit 1 – Theory of General Optics (AM)
June	TBC	Disp*/CL*	S2026 Practical Exams
		Disp*	S2026 Theory Exams
	02	2015	Unit 9 – Assessment & Management of Refractive Errors (PM)
	10	2015	Unit 10 – Low Vision in Ophthalmic Dispensing (PM)
	12	2015	Unit 6 – Ocular Anatomy (PM)
	16	2015	Units 3&4 – Theory of OD & Advanced Theory of OL (PM)
	19	2015	Unit 5 – Abnormal Ocular Conditions & SOPs (PM)
	02	2023	Unit 11 – Assessment & Management of Refractive Errors (AM)
	05	2023	Unit 2 – Theory of Ophthalmic Lenses (AM)
	08	2023	Unit 5 – Theory of Ophthalmic Dispensing (AM)
	10	2023	Unit 12 – Assessment & Management of Visual Impairment (AM)
	12	2023	Unit 8 – Ocular Anatomy & Pathology (AM)
	16	2023	Unit 6 – Advanced Theory of Ophthalmic Lenses (AM)
	19	2023	Unit 7 – Standards of Practice (AM)



		CL*	S2026 Theory Exams
	09	2019	Unit 1 – C L Anatomy (PM)
	17	2019	Unit 2- CL Visual Optics (PM)
	25	2019	Unit 3 – CL Practice (PM)
	09	2024	Unit 1 – Anatomical Principles of CL (AM)
	17	2024	Unit 2 – Optical Principles of CL (AM)
	25	2024	Unit 3 – Clinical Principles of CL (AM)
July	TBC	Disp*/CL*	Practical Exams
August	TBC	Disp*/CL*	S2026 Exam Results Released

Further dates/information will be added as and when available.