

2026 ABDO Examinations Calendar

Dispensing & Contact Lens Theory Exams



Dispensing Theory Exams

Date	Syllabus	Event
26 May 2026	2015	Unit 11 – Basic Principles of Contact Lens Wear (PM)
26 May 2026	2023	Unit 13 – Principles of Contact Lens Wear (AM)
29 May 2026	2023	Unit 1 – Theory of General Optics (AM)
03 June 2026	2015	Unit 9 – Assessment & Management of Refractive Errors (AM)
10 June 2026	2015	Unit 10 – Low Vision in Ophthalmic Dispensing (PM)
12 June 2026	2015	Unit 6 – Ocular Anatomy (AM)
16 June 2026	2015	Units 3&4 – Theory of OD & Advanced Theory of OL (PM)
19 June 2026	2015	Unit 5 – Abnormal Ocular Conditions & SOPs (PM)
03 June 2026	2023	Unit 11 – Assessment & Management of Refractive Errors (PM)
05 June 2026	2023	Unit 2 – Theory of Ophthalmic Lenses (AM)
09 June 2026	2023	Unit 7 – Standards of Practice (PM)
10 June 2026	2023	Unit 12 – Assessment & Management of Visual Impairment (AM)
12 June 2026	2023	Unit 8 – Ocular Anatomy & Pathology (PM)
16 June 2026	2023	Unit 6 – Advanced Theory of Ophthalmic Lenses (AM)
19 June 2026	2023	Unit 5 – Theory of Ophthalmic Dispensing (AM)

Contact Lens Theory Exams

10 June 2026	2019	Unit 1 – C L Anatomy (PM)
17 June 2026	2019	Unit 2 – CL Visual Optics (AM)
25 June 2026	2019	Unit 3 – CL Practice (AM)
10 June 2026	2024	Unit 1 – Anatomical Principles of CL (PM)
17 June 2026	2024	Unit 2 – Optical Principles of CL (AM)
25 June 2026	2024	Unit 3 – Clinical Principles of CL (AM)